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THE LAMP

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FROM THE PRESIDENT

The LAMP of Delta Zeta

VOLUME 108, ISSSUE 2 Fall 2019

DELTA ZETA SORORITY NATIONAL COUNCIL 2018-2020

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THE ORDER OF THE LAUREL

Irene Caroline Boughton Iota-Iowa

> Grace Mason Lundy Epsilon-Indiana

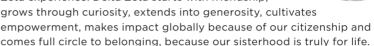
Elizabeth Coulter Stephenson Alpha-Miami (OH)

> Myrtle Graeter Hinkly Delta-DePauw (IN)

Norma Minch Andrisek Gamma Alpha-Baldwin Wallace (OH)

Leading with Passion and Purpose

Our Delta Zeta membership experience revolves around authenticity. We live according to a set of shared values found in our Purpose, Creed and Ritual. These six values are the core of every Delta Zeta experience. Delta Zeta starts with friendship,



I'm always overwhelmed by the inspiring, courageous and phenomenal women I call sisters. Our members are leaders in communities worldwide, taking action and making decisions shaping the future not only globally, but in their own neighborhoods.

As leaders, we have to be courageous and not hindered by a fear to try new things, be willing to speak up and share our perspectives, have uncompromising integrity in all that we do while also having the insight to celebrate successes of those around us and take care of ourselves, too.

I believe in leading with passion and purpose. When you know your purpose, and work to deliver it every day, it can make a huge difference in not only your success and satisfaction but also to those who work around you. I recently took part in an executive leadership program where I took an intense look at my own leadership style. By the end of this session, I discovered what drives me as a leader: to bring a ray of sunshine where I go, remember kindness is contagious and always believe anything is possible.

We all have special talents that make a difference every day, and each of you have a true impact at home, work or in Delta Zeta. And, what's so special about Delta Zeta, regardless of what you do, there is always a team around you to support you, lift you up and help you be the best you can be.

That's why, together, I know we all share the pride in being part of a global woman's organization, where Delta Zeta is poised to make our vision a reality, to inspire action and impact lives. We are bringing this to life with our Heart for Hearing commitment, our sustainability initiative, Pink Goes Green and our leadership in our communities. And, we all make a commitment to that vision every time we recite the Creed, "To the world, I promise. . ."

Think of the amazing things that our over 270,000 alumnae and collegiate members can accomplish because of their commitment to both our shared values and to inspire action and impact change around the world.

Christy M. Phillips-Brown

Christy M. Phillips-Brown National President







Six (Plus One)

Six (Plus 1)
Ways you can incorporate green living into your everyday life.



Holley

Henderson,

Beta Xi-Auburn

(AL) provides

us quick apps,

websites which

wavs and

can help us

incorporate

green living

Holley is the

"Becoming a

Professional"

environmental

Green Building

author of

and runs

her own

consulting

business.

lives.

into our hectic

PEOPLE

1. ENVIRONMENTAL WORKING GROUP (EWG) SKIN DEEP

www.ewg.org/skindeep

Environmental Working
Group (EWG) uses the
power of information to
protect human health and the
environment. EWG's Skin
Deep database provides you
with easy to navigate ratings
for a wide range of products
and ingredients on the
market to protect yourself and
your family from everyday
exposures to chemicals.

2. EWG DIRTY DOZEN + CLEAN FIFTEEN

www.ewg.org /foodnews/summary.php

EWG's Shopper's Guide to
Pesticides in ProduceTM,
updated every year since
2004, ranks pesticide
contamination of 47 popular
fruits and vegetables.
Consumers can use the guide
to help them make the best
choices for their families and
reduce their exposures to
toxic pesticides.

PROFIT

3. BUILD WELL APP

itunes.apple.com /us/app/build-well/ id1083927890

The WELL app is the exclusive home of WELL ographies, compilations of scientific and human health research that underscore how and why our buildings and environments can impact health and well-being.

4. CHARITY MILES APP

www.charitymiles.org

Charity Miles is a socially-driven, for-profit company connecting charities, individuals and corporate sponsors to create social change. An iPhone/Android app enables you to earn money for charity every time you walk, run, bike, skip, dance or do any humancentered activity.

PLANET

5. WATER

Reuse water whenever you can – for example, harvest rainwater for reuse on landscaping or watering house plants.

6. ENERGY

Make energy efficient lighting selections such as LED lighting.

THE PLUS 1:

Understand
good air quality.
Anything with
high VOCs
(volatile organic
compounds) or
"new car smell"
is probably not
good. Especially
for compromised
or vulnerable
populations.

0

AIFA

Developing Delta Zeta's Future

The Norma Minch Andrisek
Leadership Conference



Since 1980, the Norma Minch Andrisek Leadership Conference (NMALC) has been providing an innovative leadership opportunity to emerging Delta Zeta leaders. The conference is named for Past National President and Order of the Laurel recipient, Norma Minch Andrisek, Gamma Alpha-Baldwin Wallace (OH), who felt strongly that when Delta Zeta members received leadership learning opportunities, they would be more successful in whatever role they may take in their chapters.





and walk in the footsteps of Delta Zeta's Founders as they explored the legacy they are creating for themselves in the Sorority. From engaging keynote presentations focused on friendship and leading change, to small group discussions on vertical development and personal leadership journeys, conference participants filled their minds, and notebooks, with tools to bring back to their leadership lives. Throughout the weekend, participants also had the opportunity to engage in philanthropy and service efforts for both The Starkey Hearing Foundation and Painted Turtle camp.

"Connecting with my sisters was an experience I will never forget. I gained valuable insight on how to always be growing



as a leader and challenged myself to think in new ways," said Emily Chen, Pi Zeta-Arizona State. "As the Vice President of Membership, I am certain that these skills will not only empower me as a leader within my chapter but will also aid me in becoming a strong leader later in my career and beyond. I am truly grateful for the leadership skills, sincere and lasting friendship and opportunities Delta Zeta has provided me."

Delta Zeta's shared values of friendship and belonging were certainly evident throughout the weekend because of the generous donations to the Delta Zeta Foundation which provide this leadership experience. Thank you to all the friends and volunteers who gave of their time as small group facilitators to help ensure a truly amazing experience for our collegiate Delta Zeta members.

Show of Hands

"Which of Delta Zeta's shared values identify the most with in your life?"



Citizenship: 3%

Empowerment: 15%

At the 2019 Norma Minch Andrisek
Leadership Conference, attendees
took an informal survey and told us
which of Delta Zeta's shared values
they identified the most within their
lives. Of the more than 300 attendees,
it's not surprising that Friendship
and Belonging lead the way. And,
although Citizenship had the fewest
votes, we are excited this issue of The
LAMP shows how Delta Zeta sisters
are practicing citizenship in our
communities, here in North America
and around the globe!

Truly for Life: An Alumnae Update

We all know that Delta Zeta membership is truly for life. But, over the years, many of our alumnae move often and contact information can be lost. This winter, Delta Zeta will be partnering with Publishing Concepts to do an alumnae directory update. Be on the lookout for how to update your information when the project launches in January 2020. Find out more information on our website at www.deltazeta.org/2020AlumnaeUpdate.

Your Words and Pictures





"Delta Zeta is more than FRIENDSHIP, it's given me amazing women that I call sisters, bonds that can't be broken and memories that I'll cherish forever." #TrulyDZ



Better together Kristen and Katie have been best friends since kindergarten and now share a bond of sisterhood through sorority life. Delta Zeta has helped form these special bonds and lifelong FRIENDSHIPS! #TrulyDZ



It was a fairly dreary day when the beautiful Order of the Golden Rose was delivered to my home. What a pick me up! My sisters at Slippery Rock have always been a source of joy for me.

I met my husband Jay of almost 48 years at Slippery Rock University and we have two children, Alexis and Justin, and one grandson named Cole.

I have spent 40 years teaching and writing curriculum for special needs children. I would not change one day.

Now that I am retired, I volunteer at the local elementary school in the reading program and in the library. I also help out in my grandson's preschool class which is affiliated with James Madison University. I love seeing the JMU students working and learning with the children.

I'm kind of ordinary, but my life has been golden.

 Caroljean (CJ) Trunzo Kacho, Zeta Phi-Slippery Rock (PA), upon receiving her Golden Rose for 50 years of membership in 2019.



AIFA

Chit Chat

LET'S HEAR FROM A FEW OF **OUR NMALC ATTENDEES AND** WHAT THEY HAVE TO SAY ABOUT THEIR FAVORITE SHARED VALUE.

FRIENDSHIP:

"I honor and cherish my friendships daily and try to use those relationships to better myself."

- McKenzie Cossette, Beta Lambda-Tennessee/Knoxville

CURIOSITY:

"I'm always looking for new opportunities.

- Danielle Stephenson, Kappa Mu-Shepherd (WV)

CITIZENSHIP:

"Citizenship is coming together with everyone in your chapter to help each other grow together rather than individually."

— Tamra Miller. **lota Rho-West Chester (PA)**

EMPOWERMENT: 🗸

"I do my best to always push others and make them feel strong! Empowered women empower women."

 Alexis Showalter. Lambda Rho-Illinois State

BELONGING:

"Through Delta Zeta, I was able to find a community on campus that makes me feel like I belong and have a place on campus and in my community.'

 Abbey Burdiek, Xi Phi-Missouri/Kansas City

GENEROSITY:

"I feel very grateful for what I have been blessed with and want to share with others.'

 Sophia Whitesel, Alpha-Miami (OH)

Take Note



Heart for Hearing Update

As Delta Zeta heads into our final year of our 5-year, \$5 million campaign supporting the Starkey Hearing Foundation, we have many ways for members to get involved and showcase their personal commitment to philanthropy.

Log into www.deltazeta.org, and click on the heart icon on the member page and app to learn how you can show your heart for hearing.



Foundation Scholarships **Awarded**

With the help of generous donors, the Delta Zeta Foundation was able to award \$277,000 in merit-based scholarships to 84 graduate and undergraduate members for the 2019-2020 school year. Thank you to all of the generous donors who made these life-changing awards possible. A full list of scholarship recipients is found on our website.

To learn more about how you can establish a scholarship for Delta Zeta sisters, contact Alicia Favata, Director of Advancement, at afavata@deltazeta.org or (513) 523-7597.

Delta Zeta **Recognizes Collegiate** Leaders

Delta Zeta's top individual collegiate awards, the Florence Hood Miner and Grace Mason Lundy Awards, are given to junior and senior members respectively that represent the best that our sisterhood strives to be. Nominated by their chapters, all recipients ioin a long legacy of amazing Delta Zetas before them.

2019 FLORENCE HOOD

MINER AWARDS Anna Casey, Epsilon Nu Chapter, Missouri State University Alexandra Elias, Beta Gamma Chapter, University of Louisville Meghan Gallagher, Xi Upsilon Chapter, Northeastern University Emily Ledet, Kappa Alpha Chapter, Nicholls State University Caroline Rowland, Delta Phi Chapter, Northeastern State University

Hannah Waltmon, Alpha Theta Chapter, University of Kentucky

2019 GRACE MASON **LUNDY AWARDS**

Cora Bair, Theta Zeta Chapter, University of Akron

Mallory Golski, Omicron Gamma Chapter, Ohio University

Peyton Marcozzi, Xi Upsilon Chapter. Northeastern University Connor McGinnis, Beta Gamma Chapter, University of Louisville

Maggie Casteel Mesker, Pi Chi Chapter, Western Kentucky University Caitlyn Skuodas, Beta Tau Chapter, Nebraska

Wesleyan University Paige E. Thomas, Kappa Alpha Chapter, Nicholls State University



Holley Henderson

Beta Xi-Auburn (AL)

After graduating from Auburn University with a degree in interior design, Holley Henderson, Beta Xi-Auburn (AL), found herself working for a large architecture firm. After close to a decade with the firm, she knew that the movement to green living was growing, so she wrote a business plan, shared it with the company leadership, and they supported her in growing her environmental consulting business. Holley now runs her own firm, is an author and speaker and has built her reputation as the common sense environmentalist.

WHERE DO YOU SEE THE GREEN MOVEMENT TODAY IN YOUR WORK?

Consumers want to know more about what is in their products and expect transparency from the companies they work with. My consulting work with architects and designers has allowed me to facilitate designing green solutions into all aspects of building and design.

TAKE US BACK TO THE EARLY YEARS WHEN YOU STARTED H2 ECODESIGN AND THE CHALLENGES YOU FACED.

I took a big leap going out on my own, but I wasn't afraid. Entrepreneurs don't run in my family, but I knew I was a good employee and could always go back to a corporate job. I knew the level of risk that I could tolerate and wasn't afraid to live on very little. So, with a wing and a prayer, I struck out on my own and have successfully run my company for over 15 years.

WHAT WOULD CLIENTS AND COMPANIES THAT YOU WORK WITH TELL US ABOUT YOU?

Those that work with me, know that I'm very transparent. They know that I am

willing to give the best solution to their problem, even if that solution isn't me. This is the best way to do marketing — by having a good reputation.

Professional

Green Building

HOW DID YOU LIVE GREEN WHILE A COLLEGIATE MEMBER OF DELTA ZETA?

Back when I was a student, it wasn't common to think about your environmental footprint like we do now. I had a roommate on the DZ hall who I convinced to save used pizza boxes so we could take them back for new pizzas. We had stacks and stacks of boxes!

WHAT DOES YOUR CAREER LOOK LIKE THESE DAYS?

All I need is my laptop and a phone with a place to sit to work, so I moved home to Birmingham, Alabama a few years ago from Atlanta, Georgia. This brought me closer to family. I'd not been too connected to Delta Zeta right after college, but now the connections I have because of the Sorority are so worthwhile years later. I have done presentations for the Beta Xi Chapter at Auburn and know the tools I learned in Delta Zeta are tools that I continue to use in my career.

Find out more about Holley on her website at www.holleyhenderson.com.

AIFA

Heritage

THE LAMP

Rachel Mason Peden:

Environmental Advocate and Author Ahead of Her Time



All Delta Zetas know Grace Mason Lundy, Epsilon-Indiana, was National President from 1940-1946. But few may know of her sister, Rachel Mason Peden, Epsilon-Indiana. A nationally known columnist and author, she was ahead of her time advocating to preserve the land and was an environmental advocate. She passed away in 1975, receiving accolades not only from Delta Zetas, but from newspaper journalists around the country who loved and respected her

work. The following story announcing the 1972 Woman of the Year was printed in the Winter 1972 issue of The LAMP.

by RACHEL PEDEN

WITTER 1972

hat are your hobbies?"
was one of the questions
recently put to Rachel

Mason Peden by an English publisher preparing a volume on Internationally Noted Women. After some thought the lady replied, "People and Nature," though, as she also commented, they are pretty much one and the same thing, just Nature in its various forms. The medium through which she expresses this interest is primarily writing, and it is as an author much read and much loved for the special quality of her work that Rachel is chosen as Delta Zeta's Woman of the Year for 1972.

Her name is not new to LAMP readers of long standing, for one of its earlier popular features was a column called "Wholly Smoke; or Don't Say I Said Anything" in which she delightfully and irreverently spoofed the VIP's of Delta Zeta, the Greek World or any other world, as the mood suggested. At this time Rachel was also conducting a department in the magazine "Farm Life," dealing with pretty much the same problems as Ann Landers handles today. Under her name of Annie Frances she dispensed sound, realistic advice to inquirers. It was also about this time that her first book was published, and here Delta Zeta can preen herself for being the first to present this author to an appreciative public. The book was "Delta Zeta Can Dish It Up", a cookbook filled with the gustatory triumphs of the members everywhere, with side remarks by the editor, furnishing that extra bit of spice!

Presently she married Richard Peden, like herself a lover of the land and of country living, and their farm home, their family, and their activities are a complete embodiment of what they consider the good life and how to realize it. On the Maple Grove Road, near Bloomington, Indiana, Rachel and Richard farm the land they love, enjoying neighbors nearby and friends who come from far and near to meet them, and the sleek Angus cattle which are the chief agricultural product of the farm. Rachel's column, "The Hoosier Farm Wife Says ... " written under her byline of Mrs. R.F.D. is a featured part of The Indianapolis Star, and Muncie (Indiana) Star. In fact, it travels far and wide from friends and readers here, to friends and readers both far and near. It was an Indiana reader's

66

People and Nature, they are pretty much one and the same thing, just Nature in its various forms

sharing with her editor son-in-law which led him to insist that she write a book, which she did, and thus "Rural Free" made its appearance. It has since been followed by "The Land, The People," and the third one is now under way. She says this third one is the hardest of the three because into it she hopes to put the distillation of many years of thinking and learning about the ways of the natural and human worlds, and this really tests her powers to communicate as she wishes.

Meantime, the farm proves to be an endless laboratory of experience in fascinating disclosures. Each summer the Pedens entertain groups of visitors, ranging from preschoolers, through Inner-City visitors to the homes of the area, and including foreign students from the University, here to study American life. As many as 800 may come during the visiting season, the small fry are enchanted to feed the ducks, watch the peacocks spread their glory, touch the soft noses of the proud little mules, ride on the haywagon or the tractor. They go home with something they have picked with their own hands. There are always some of these children that Rachel declares she would like to keep. Of course, these are likely to be reminders of her own two children, Joe and Carol, now married and busily carrying out farm principles in their own lives. Joe, like his father, is a Purdue man, and professionally works in the United States Soil Conservation Service. Carol, who, like Rachel, shares Indiana University and Delta Zeta, took up a Journalistic career also, being on the staff of the Gazette, in Phoenix, Arizona.

Rachel has always said she is not much of a joiner, "the Quaker influence, I suppose," but the list of her memberships includes, besides Delta Zeta, Theta Sigma Phi, Tri Kappa, the P.E.O. Sisterhood, Phi Beta Kappa. It should be mentioned the strong bent for writing has shown itself in all six of the Mason sisters, though in widely varying fields. But it is a notable occurrence that Delta Zeta's Woman of the Year in 1966 was Miriam Mason Swain, whose long and popular list of outstanding juvenile writings made her a favored choice that year. Editor's note: Staff member Grace Mason Lundy should have listed herself with the famous, writing, Mason sisters. 6

GLOBAL CITIZEN

From Canada to Cambodia:

40 DAYS OF LEARNING AND LEADING SUSTAINABILITY

Skyla Baker, Omicron Nu-Windsor (Canada)



Being a global citizen means knowing that you're empowered to make a difference and work with others to change lives. It includes recognizing that there are like-minded others working to do meaningful things in the lives of those beyond your reach alone.



o those whom my life may touch in slight measure, may I give graciously of what is mine"

This line from the Delta Zeta Creed is how I strive to live. In the summer of 2018, I was able to put this into action by participating in an environmental conservation trip to Cambodia. For 40 days, I traveled with a nongovernmental organization (NGO) called Operation Groundswell. During the trip, I worked doing things like helping clear fields, planting rice and helping the local people implement proper sustainable farming techniques.

Currently I'm studying Digital Journalism and Political Science at the University of Windsor in Canada and hope to use journalism and my love of photography to promote environmental sustainability in the future. Through personal research, I found Operation Groundswell, and they supported all my sustainable goals. They even give back part of your payment to combat carbon tax from your flight.

I was nervous to go on a trip for 40 days with a group of people I didn't know, but after spending a 12-hour bus ride with everyone, we were pretty close! The first organization we worked with was Ockenden in Banteay Meanchey Province in Cambodia. We ended up in the middle of nowhere where we had to be driven in on the back of a tractor. Ockenden goes to rural communities and educates farmers on the practice of sustainable farming. They introduced me to a term called "permaculture" which combines permanence and agriculture while maintaining the culture of the people. Most communities they help don't have the education to realize the long-term impact of their short-term actions. Instead of burning down the forests to clear for land, Ockenden teaches local farmers to cut down the trees and rotate the crops to preserve the soil. I was able to also help a farmer plant rice in a field, learning ways of the old culture techniques by using a man-powered plow.



During the trip, I worked doing things like helping clear fields, planting rice and helping the local people implement proper sustainable farming techniques. While in Cambodia, we spent a few days working with the Mekong Turtle Conservation Center, located in Kratie. Run by monks, the organization protects local turtles and spends their time educating and promoting safety for the animals. While there, we helped release endangered turtles into the Mekong river.

I also met with the chairwoman of an NGO called Plastic Free Cambodia who is trying to show Cambodians how plastic is harmful to the earth. They teach recycling and replacement of everyday plastic use (metal straws, reusable shopping bags, Styrofoam). Restaurants in the area have begun to replace disposable straws with reusable ones, beginning an ecological revolution in the heart of Cambodia

Capping off this trip was the opportunity to spend a week in the Cambodia rainforest. I worked with rescued elephants from the Cambodian and Thai entertainment scene. I helped prepare medicine balls, plant elephant grass and helped to plow fields in preparation for further planting, which will provide the elephants with natural grass instead of mainly fruit based diets. So many elephants had health issues due to improper diet while they were in captivity.

I hope to make significant change in our global environment through my traveling and the conservation programs in which I've been able to take part. Delta Zeta has given me more opportunities than I ever thought

possible, through growing my personal confidence to attempt journeys like these, the support and strength from my sisters has taught me more about myself than I ever could have learned.



Tarmungs tarmungs tarme

pril Hemmes, Beta Kappa-lowa State, is sitting high up in her John Deere, navigating the 1,000+ acres of her soybean and wheat farm in Hampton, lowa, completely in charge and running the show. April is a fourthgeneration farmer, following her father and grandfather into the family business, and continuing a legacy that began in 1901.

When she went off to college at Iowa State University in the late 1970s, April really wanted to get into international agriculture and majored in Animal Science. "I always knew I wanted to come back to the farm. But in the early 1980s, times were tough in agriculture, so I took jobs centered around agriculture which took me far from home," says April. "While in Washington D.C. working for a congressman, I thought to myself 'This isn't where I want to be' so I made a call home, and my grandfather was the one who said 'If that girl wants to come home and farm, she's coming home!' And I've been here ever since."

Over 800 miles away in Coker, Alabama, Margaret Purcell, Alpha Gamma-Alabama, and her husband, Jon Fleenor, never thought that they would be professional farmers, but the role suits them well. While they've continued their full-time professional careers off the farm, Margaret and Jon fill an untapped market in their

How agriculture is becoming more female led and community grounded

by Allison Lynch St. Germain, Alpha Upsilon-Maine, Managing Editor



area providing locally grown produce for restaurants while developing a new approach to raising cattle.

April, Margaret and women like them are changing the future of what the typical American farmer looks like.

Women Leading in the Fields

In the last Census of Agriculture done in 2012, the average American farmer was white, male and nearing his sixties. This year's census, released in April 2019, includes data collected in 2017. The new data shows that the face of American farmers is rapidly changing, while it is still mainly white, women are increasing in numbers.

Over the last five years, the number of male farmers fell, while the number of women rose. Female producers now make up 36 percent of farmers, a 27 percent increase from 2012. Now, 56 percent of farms have at least one female producer, although only 38 percent have a female primary producer, the person who makes the most decisions on the farm (psmag. com/news/ag-census-finds-more-female-farmers-than-ever).

"As a woman in ag for a long time, I see many places that can be improved for young women going into agriculture," says April. "So much has changed since I went to ISU. When I was on campus, less than 5 percent of female students there were enrolled in Animal Science, now that is over 60 percent!"

This year, April was honored for her work as advocate for women in agriculture with the first-ever Executive Women in Ag Trailblazer Award, announced on January 15, 2019. The award was given at the Top Producer's Executive Women in Agriculture Conference. April is active on the United Soybean Board and travels worldwide speaking on behalf of American soybean producers, promoting sustainable farming practices in faraway places like Indonesia and Thailand.

April believes now, more than ever, it is very important to share what she does on her farm and help people understand how modern agriculture works. "I am sustainably raising my crops, feeding and fueling the world and that is amazing!" she says.



36%

Percentage of female farmers in 2019. A 27% increase since 2012.

Community Farming is sprouting

The census definition of a farm is any place from which \$1,000 or more of agricultural products were produced and sold, or normally would have been sold, during the census year. From 2012 to 2017, there was almost a 25 percent growth in farms that were 1-9 acres. The next highest growth was in top producing farms, of 2,000 or more acres, which grew about five percent (www.nass.usda.gov/Publications/ AgCensus/2017/Full Report/Volume 1, Chapter_1_US/usv1.pdf). More and more farming happens at a smaller, local level, allowing it to become more accessible to women with an interest in agriculture, even if they are not pursuing it full-time.

Margaret Purcell has a Ph.D. in Public Policy and Administration from the University of Alabama, and is on the faculty at the university, teaching courses in leadership development, community outreach and social movements.

"We moved to Coker, Alabama from the city and got to know our neighbors," says Margaret. "One, in particular, was Miss Katie Webb, an elderly lady who we took



Female farmers, like April Hemmes, are rapidly changing the face of agriculture in America.

15

PHOTOS BY MARJI GUYLER-ALANIZ/FARM HER

to immediately. Jon and I would take her to dinner often. One night, Miss Katie came to us and said she needed to sell her farm, but she didn't want to see the land developed."

That is when Margaret and Jon found themselves purchasing the property which has now become Katie Farms, named in honor of their neighbor. They are the modern example of the growing niche of smaller, local producers filling the needs of their community.

"At first, we were just a large home garden," Margaret jokes. "Soon we were growing too much that we couldn't even give it away to friends!" The farm, which consists of 640 acres, has branched out since the couple started in 2007 to new areas of farming. They started raising registered Scottish Highland cattle, the oldest registered breed of cattle, and are members of American Highland Cattle Association and the Heartland Highland Association. Like their heirloom tomatoes. Katie Farms also produces corn. squash and okra, which is sold directly to restaurants and specialty stores in the Tuscaloosa, Alabama area. Katie Farms was honored in 2018 as the Tuscaloosa County Farmer of the Year.

Margaret also puts her education background to work in her life on the farm. She is a strong supporter of agrieducation and loves working with school groups to pass along the idea that anyone can be a farmer. There is a new demand in communities to develop local food economies with smaller, local farms playing an important part in that movement.

Growing a Field of Dreams

Farming, at times, can seem inaccessible to younger women today. Though they may have dreams and aspirations to farm, they might not find themselves in the position to come home to the family business or able to purchase acreages of land to start a business. April and Margaret are two examples of women who, though they come from different backgrounds, are role models for others like them who have an interest in pursuing a career in agriculture.

"I'm telling you to GO FOR IT," April says to all those women who think they'd like to work in agriculture. "You have so many less



Above: Katie Farms' trademarked Highland Red cattle.

Far Right: Margaret Purcell, Alpha Gamma-Alabama, with Katie Farms produce.

Right: Margaret with husband Jon Fleenor.

barriers than past generations and so much to offer. The innovations and technology in agriculture is so exciting, and I believe that young women can bring different ideas and skills to the ag workforce. When I talk with young women, I always tell them that you can really do anything and make it related to agriculture. Journalism, communications, research, business, sales and the list goes on and on."

April has worked with lowa State University's Extension program and started a women's grain marketing group. Now in its eighth year, it is a group of 15 to 20 women who meet each month where they host speakers and discuss USDA reports, marketing contracts and strategies. April says, "It has been a great help to my bottom line on the farm because if we don't market our crops efficiently, we don't make money, and we aren't farming!"

Even living in the Delta Zeta chapter house prepared April for the challenges she faces in her work today. "Living in a house with all types of personalities prepared me for being on a board of directors and volunteering with all types of people," she says. "You may not always agree with them but you have to work with them so you better learn to get along!"

Farming can also happen anywhere. Growing crops in lowa's four-season climate is different than the experience in the deep south of Alabama, but the idea that people want to know where the food is coming from provides an opportunity to educate about farming.
And, even if your farm
looks more like a
container garden on
your back patio, farming
is within reach of most
anyone willing to learn.

"The biggest impediment to creating new, younger, farmers is access to land," says

Margaret. "We need to rethink what farming looks like because we don't all have thousands of acres. Imagine what our communities would look like if everyone tried, even in a small way, to implement farming ideas into their lives?"

Katie Farms hosts educational events for chefs and local groups on a regular basis. The more they tell the story of agriculture, the easier it is to build support for farming's future. "I feel we can all be ambassadors for the local food movement," says Margaret.

Continued growth

It is sometimes hard to think about the future 10, 20, 30 even 100 years from now. But, women like April and Margaret are thinking forward to where they see the legacy their work on their farms will leave for those that follow.

There is a commitment to improving the land which has given them so much. "My main goal for my farm is to leave the land healthier than when I took over," says April.

Margaret asks, "What if we hadn't taken Miss Katie up on her offer to purchase the farm? We are now in a position to rethink our responsibility to the land and leave it better for those that come after us."

April says, "It's amazing to see agriculture around the world, but there is no place I'd rather be than here on my farm growing food for the world."

FALL 2019 DELTA ZETA

COOKING WITH KATIE FARMS:

By Margaret Purcell, Alpha Gamma-Alabama

Butternut squash is a nice winter squash for

me to grow on our farm in Alabama, and it just may be the best fall dessert that I make. It does well in the climate, and it is not as susceptible to the vine destroying pests that plague some other winter varieties grown in the South. It also stores well, and it does not have as hard a covering as acorn squash, so it is easier to cut.

You can store butternut squash for up to three months, so you can harvest or buy them now and enjoy them well through the end of the year. In-home storage is preferred over storage in sheds or barns because humidity can cause them to rot. Normally the heating and cooling systems in

our modern
homes help to remove
moisture from the air,
and this allows the
squash to be stored
successfully.

Try this recipe and enjoy eating a vegetable and a dessert at the same time.

INGREDIENTS:

- ☐ Enough water to cover the squash in a pot
- 2 butternut squash
- ☐ 1 stick of salted butter
- ☐ ½ cup of brown sugar
- ☐ 2 tablespoons of corn syrup
- □ ½ cup of water
- ☐ ¼ teaspoon of ground cinnamon

DIRECTIONS:

- 1. Fill a large pot about halfway full of water. Cover and bring to a boil. While the water is heating, prepare your squash.
- 2. Wash the squash, and cut each in half longwise. Scoop out the seeds, and peel the squash halves. Cut your squash halves into thumb sized cubes.
- 3. When the water has come to a boil, add the cubed squash and let it cook until the cubes get soft. Do not cook them so long that they get mushy. You want them to retain their shape and have some texture. Poke the squash with the pointy end of a steak knife. If it goes through the cube, then the squash is ready. At this point, pour the squash into a metal colander placed in your sink and let it drain.
- 4. In a large skillet, melt your butter on medium heat. Next add your brown sugar and stir. Add the rest of the ingredients, except for the squash cubes, and mix well. Add in the squash cubes, and stir until the cubes are covered with the sweet goo. Turn your heat down to low, cover the skillet, and let the squash cook for 10 minutes. Stir every two minutes or so. After 10 minutes, uncover the squash, and let it cook for another 5 minutes. Stir again after about 2 ½ minutes.
- 5. Serve warm as a dessert or top each serving with 2 tablespoons of vanilla ice cream for a particularly indulgent delight. Enjoy! ♠

Throughout history, women have cultivated the land, which in turn has led to feeding and growing generations. However, careers in farming or agriculture might not be at the top of the typical college student's career lists. We've caught up with Delta Zeta members who show us that making a career out of their love of the land is not only possible but can be essential to ensuring that women continue to grow and lead in agriculture.

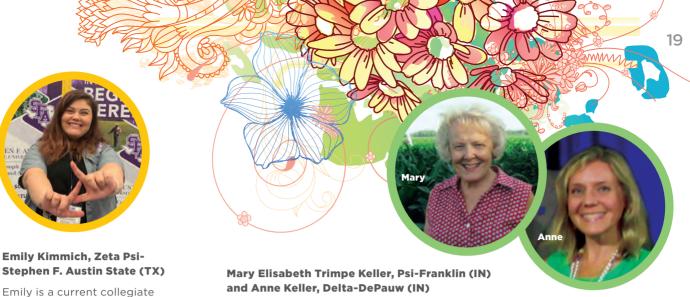
Heather Wilson Olsen, Beta Alpha-Rhode Island

Heather studied ornamental horticulture, landscape design and floriculture at the University of Rhode Island. She started her career as an estate gardener in Upstate New York. Now retired, and tending her own gardens, she was featured in the Summer 1980 issue of The LAMP for her, at the time, unusual job.

"Be sure to know your craft, and always be a student of it."

"My career has come full circle from where I started. After working in horticulture right out of college in the early 1980s, I left the field to pursue a career in fundraising. However, in 2008 I found myself back working at a local garden center in Millbrook, New York. It is never too late to pursue your passion. There is even a Delta Zeta connection to my second horticulture career! The owner of my garden center ended up having a daughter who joined Delta Zeta at Pennsylvania State University."

"To other women who might be just starting to explore a career in horticulture, I'd say to be sure to know your craft, and always be a student of it. What might have been common practice 40 years ago, may not be the correct practice now. Being a woman in the field of horticulture means you will be noticed quickly; use your unique talent for seeing and creating beauty in a natural setting to promote healthy, enduring choices for the future."



Emily is a current collegiate member from the Zeta Psi Chapter at Stephen F. Austin State University in Texas where she plans to graduate in 2020 with a Bachelor of Science in Agriculture Education. She currently serves on the AG Jacks Council representing the university's FFA chapter.

"The first line of the FFA creed is 'I believe in the future of agriculture, and trust me, the future is bright."

"I got involved in Future Farmers of American (FFA) because I needed an extra elective credit for my sophomore year of high school. My family didn't have animals, and I had a lot of reservations about joining and if I would fit in. I was so wrong! I had always wanted to be a teacher of some sort and my plan was to pursue an education in creative writing to potentially become a college poetry professor. It wasn't until I joined FFA that I actually found something that I had a passion to teach instead of just a passion to learn about. I also had a very strong female FFA advisor who inspired me to impact children's lives just like her. The first line of the FFA creed is "I believe in the future of agriculture," and trust me, the future is bright."

Mary Elisabeth and her daughter Anne own and operate Indian Creek Acres, LLC, in rural Seymour, Indiana, a farm which has been in their family since the 1930s. Placed on the National Register of Historic Places in 2003, the Keller's farm raises corn and soybeans and has a small herd of Polled

the Keller's farm raises corn and soybeans and has a small herd of Polled Hereford feeder calves about half the year, as well as woods and pastures for hay. Anne also works in business recruitment and attraction for One Southern Indiana, the chamber of commerce and economic development organization for a growing area within the Louisville. Kentucky metro area.

MARY ELISABETH:

Technology changes rapidly in farming, as much in agriculture as in any sector, but the changing of minds is a much slower. tougher thing to accomplish. Thinking back to when I took over the day-to-day management of our farm from my parents. I had to become more self-confident, and I had to work at that for a long time. It was hard for me to gain confidence in my decisions, 30 or 40 years ago, as I was very much a woman in a man's world. While I do see positive changes that make me feel more optimistic about the future of women in agriculture. the evolution feels nearly imperceptible at times.

My advice to younger women who are thinking about careers in agriculture, or who have inherited farm ground and don't know what to do with the property, is to first acknowledge what you don't know and then start down the path of learning and building up your knowledge base.

"The training and organizational skills you gain through Delta Zeta provide a boost that allows you to help a range of small-town causes that align with your heart and mind."

ANNE: There's a lot of innovation going on in what traditionally has been viewed as flyover country by many

Americans, and the career opportunities are often in places with relatively affordable living expenses. Plus, in many rural areas and small towns, you can make a real difference if you have a hobby or interest you want to explore.

Small organizations with big goals to support animals. nature, history, the arts and other causes abound in many rural towns, and they always need fresh ideas and energy that Greek women have the knowledge to bring forth as a result of their sorority and college backgrounds. The training and organizational skills you gain through Delta Zeta provide a boost that allows you to help a range of small-town causes that align with your heart and mind.

Creating a Lasting Connection

Collegiate and alumnae chapters work together to honor graduates

By Ellyn Hartung Sewell, Kappa-Washington, Greater Seattle Alumnae Chapter President

he Greater Seattle Alumnae Chapter, along with current Kappa Chapter collegians, parents and guests congratulated the 22 graduating seniors at the University of Washington this past May at the annual Senior Class Recognition & Reception. We started co-sponsoring this event in 2016 with the chapter's Colonnade Club, which is a parents organization for the collegiate chapter. The event was an opportunity for the guests to hear the career plans of the departing seniors, view the newly decorated main floor of the chapter house and provide a great send-off to alumnae life in Delta Zeta.

From our experience, we would advise other alumnae chapters to plan early! Start in the fall to obtain an estimate number of women graduating the following year. Then check back with them mid-year for names, email addresses, majors and anything else you can obtain from the collegiate chapter. As we have learned, the graduating list can and will change, and you might come up short if you haven't purchased enough gifts. We always order extra. Do not put a year on the gift so if you have extras you can save them for the following year. In the small fabric gift bag was an engraved necklace and a business card which provided contact information for our Alumnae Chapter President and Vice President of Membership, our chapter's website and our

Washington State Alumnae Facebook page.

Initially, we contacted the collegiate chapter's Alumnae Relation Chairman to find available dates. We found that the date of the event should be at least two weeks before the end of school. It is also helpful to check with the House Director on the selected date/time and work around the kitchen staff's weekend meal preparations. Alumnae chapter and collegiate officers work together to plan/divide up tasks for this event. For instance, electronic invitations were sent from the collegiate chapter to the collegians and their parents as they had

an up-to-date email list of everyone.

Keep the program simple. We welcomed everyone, our Alumnae Chapter President gave a short speech, we invited seniors to share their college major and minor, first job after college/ career plans/goals and a favorite memory of sorority life. We presented gifts and took a group photo prior to the reception as people leave at different times.

We are lucky to have a chapter house as the location for the It was important for our event to validate the accomplishments of the senior class over their four years at the University of Washington, learn of their future goals and their chosen career paths.

reception. We kept the decorations simple and had the tables covered with fabric tablecloths, bud vases of pink roses and provided a simple buffet (small sandwiches, green salad, fruit salad, special graduation sheet cake, punch, iced tea, coffee).

At the event, we asked the seniors to fill out our chapter's information form and Delta Zeta's Standard Permission Model Release Form. We requested their basic contact information: name, year of initiation, month/year of graduation, home address, phone numbers (home and cell phone)



and email address so that this information could be added to our alumnae chapter's master roster and directory. We also wanted to know what activities/ events these sisters were interested in participating in the year ahead; how they would like to volunteer (ie: Fall Recruitment; various committees; provide cookies for New Member Reception and/or provide study snacks at the end of each quarter prior to Finals Week); attend/help with Founders Day, Lamplighter Gala, philanthropy events; special talents they would like to share with the chapter and any suggestions/comments for our chapter.

It was important for our event to validate the accomplishments of the senior class over their four years at the University of Washington, learn of their future goals and their chosen career

paths. We know it is important to let our soon-to-be alumnae know about the potential of networking opportunities with other alumnae, how to stay connected to their Sorority, their graduating class members and meet local alumnae. We also hope to "plant the seed" to future involvement within Delta Zeta and our local alumnae chapter. After all, being a sorority member is not just a 4-year obligation but a lifelong membership of sharing their gifts and talents with other sisters and our community and creating new memories. •

Sisters Take Action and Save a Life

Lambda Rho-Illinois State members Sam Bates and Taylor Karey's quick thinking and actions saved the life of their friend, Kevin Hutchinson, who was born with a lifethreatening heart defect.

One night, at the end of the school year, Kevin was hanging out with Sam, Taylor and another friend when he went into cardiac arrest. The three women immediately jumped into action. Sam got through to an emergency dispatcher who advised them to position Kevin to open his airway. Taylor performed chest compressions until emergency personnel arrived on the scene and took over. Fortunately, Taylor had been previously certified in CPR and was able to rely on that knowledge. Kevin was then transferred to a local hospital before being airlifted to a larger hospital. Their actions saved Kevin's life and prevented brain damage. Most recently, Kevin and the women were honored on ABC News Good Morning America where they were able to tell their miracle story.

Below: Kevin Hutchinson with friends Macy Orrick, Taylor Karey, Lambda Rho-Illinois State, and Sam Bates, Lambda Rho-Illinois State, who saved his life.





ALUMNAE WINS BEST CREATIVE NONFICTION IN LITERARY JOURNAL

Christina Dunbar, Gamma
Lambda, San Jose State (CA),
(above left) wrote a creative
nonfiction story, "La Porto
D'Oro." In March 2019, it was
published in the 65th issue of
the Toyon Literary Journal,
a premier multilingual and
multicultural literary journal.
This year poetry, literary
criticism, short stories, creative
nonfiction and artwork pieces
were published in English,
Spanish, French and Italian.

"La Porto D'Oro" is a retelling of Christina's grandfather's immigration story. Written in both Italian and English, the story covers many aspects of the immigrate story ranging from labor conditions, loss of language and racism in America.

In addition to being published, Christina's story also received the Redwood Empire Award for Best Creative Nonfiction.



Business Leader Recognized for Community Service

One Delta Zeta was selected from over 250,000 women in California as the Woman of the Year for the 77th Assembly District. Debbie Kurth (above, third from right), who graduated in 1980 from the University of Wisconsin/Eau Claire and was a member of the Epsilon Omega Chapter, now lives in the San Diego area, was honored. "Debbie has been an outstanding volunteer in our district throughout the years," said Assembly member Brian Maienschein. "The great work that she has done in our community is truly deserving of recognition and praise."

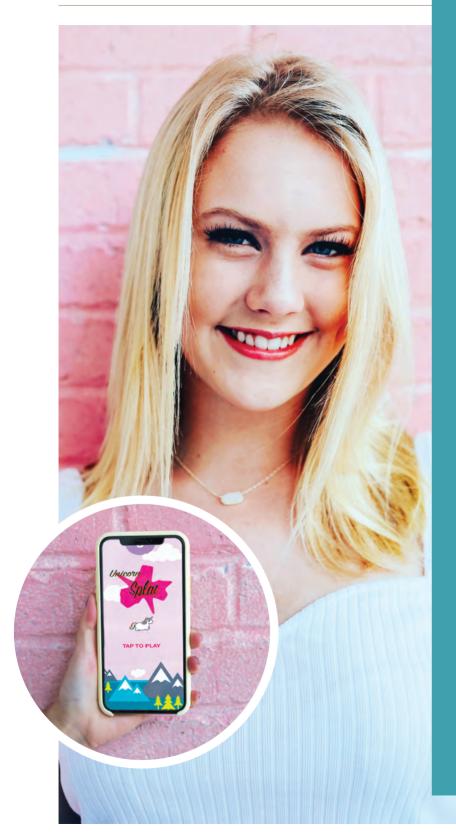
Debbie's support of local charities, small businesses and community enrichment has benefited her community for years. Her community service is enhanced by her experiences as owner, founder and President of Business Services International, a company specializing in meetings and special events worldwide.

Gold Coast Alumnae Adopt Turtles

This past spring, the Gold Coast (FL) Alumnae Chapter visited the sea turtle rehab facility at Gumbo Limbo Nature Center in Boca Raton. There they learned about two resident female turtles. Morgan and Cane, who cannot be released back into the ocean because of their permanent injuries. The chapter was able to collect enough donations from members to adopt both resident turtles and consider them both their newest "sisters."

Learn about Gumbo Limbo on their website at www.gumbolimbo.org.





App Advocating for Justice

by Chloe Wimpfheimer, Delta Beta, University of Tampa

As a freshman in college majoring in criminology, I had no background in computer science. However, I was talking with my family one day about how increasingly influential the world of technology and app development was becoming and how it could be used by anyone who wanted to make a difference. This led to the creation of Unicorn Splat, an app which raises money for advocacy of victims of sexual assault.

While enrolled in a victimology class, we had a guest speaker come in and talk about how there were so many misconceptions surrounding rape and sexual assault and how women were still being blamed for their victimization. Listening to this speaker was heartbreaking for me, since I have had friends and family who have been victims of sexual assault.

Using YouTube videos on coding, I learned how to use Xcode, developed logos and graphics, learned about the development process, uploading and exporting the app and advertising, marking and creating a website. There were countless times I felt like I hit a wall, frustrated about the endless difficulties that came up. But I wanted to make a difference, to spread awareness and be able to donate to charities that were at the forefront of these battles and supporting women who are overcoming difficulties much greater than my own.

WALK TRULY

Making a Global Difference with the Peace Corps

Annie Nowak, Omicron Gamma-Ohio
University, applied for the Peace Corps in the
summer of 2018 after spending two weeks in
Thailand. "I came back knowing I wanted to
do something more after I graduated. I didn't
just want to get any job, instead I wanted to do
something that is going to make a real difference,"
she said.

"To me, 'to give graciously of what is mine' means to use my skills, my abilities and my privilege to help where I can," she said. Annie knew that working with the Peace Corps would give her the opportunity to give graciously, make positive change and help others.

"My first application was actually rejected in October 2018, and I was crushed," she explained. She knew she had to pick herself up and apply again.

Her application to the Peace Corps was finally accepted in April 2019. "When I first saw the email, I started immediately crying. I was overcome with hope for my future and so excited about this next adventure." She will be working with the Peace Corps in Uganda as an English Literacy Teacher.





Alumna Named Associate Dean at Pepperdine University

Ann Feyerherm, PhD, Beta Kappa-Iowa State, was named Associate Dean of **Executive Programs for the Graziadio Business School** at Pepperdine University in California, Before earning her doctorate in 1993 from the University of Southern California, Ann spent 11 years as a manager of organization development at Procter & Gamble. where she was involved in employee relations, organization design and corporate downsizing. Her current research centers on the role of leadership in negotiating regulatory policy.

Kentucky Alumna Inducted into College of Engineering Hall of Distinction

If Karen Martin Maxwell's Alpha Theta Chapter sisters couldn't find her, they intuitively knew where to look: in the University of Kentucky's computing center at McVey Hall. For her first three years of college, she completed her computer science projects using punch cards and spent many hours in the computer center.

Today, Karen is a business owner and philanthropist. She is co-founder and managing partner of KJMM Capital Partners, a real estate investment company. She was also founder and president of a design and decorating LLC.

Karen currently serves on the advisory board for the Department of Computer Science at UK, and has established three scholarships for female students majoring in computer science. She is a member of the Kansas City UK Alumni Club.

On April 12, the University of
Kentucky College of Engineering
inducted Karen as one of six new
members into its Hall of Distinction
which honors alumni who have
demonstrated distinguished professional
accomplishments, outstanding character
and commitment to community service.

Right: Karen Martin Maxwell, Alpha Theta-Kentucky (far left).





Bringing a High School Science Fair Idea to Life

Stephanie Young, Lambda Xi-Texas A&M, a sophomore animal science major, partnered with Texas A&M student, Brianna Boyle, to beat 25 teams from across the U.S. and England to take home \$10,000, the top prize at the 2019 Student American Veterinary Medical Association (SAVMA) Pitch Competition with SkyPaws.

For a high school science fair project while working at a veterinary clinic, Stephanie was inspired to created SkyPaws, LLC, a patent-pending vital monitoring device that allows veterinarians to monitor their patients' heart rate, respiration, temperature and other vital signs by lying the sensor against the animal's skin.

Fast forward a couple years later, after meeting Brianna through the College of Veterinary Medicine's Veterinary Entrepreneurship Academy, Stephanie decided to partner with Brianna to further develop and refine SkyPaws and start bringing their vision and invention to life.

Above: Stephanie Young, Lambda Xi-Texas A&M, left, with SkyPaws partner, Brianna Boyle.

Honoring Distinguished Community Involvement

When active Madison Area Alumnae
Chapter member Lynn Hantke Green,
Tau-Wisconsin, retired this past spring as
executive director from the Dane County
Department of Human Services, she was
honored with the University of Wisconsin's
School of Social Work Distinguished
Alumni Award. After a 46-year career in
government, Lynn built a legacy of earlyintervention programs and compassion for
children, families and people struggling to
get by. Her career started in 1969 with the
state Division of Family Services, where she
placed children under state guardianship
with adoptive parents.



Outstanding Efforts Recognized on Campuses

Every year, Delta Zeta collegiate chapters and members are honored with awards on their campus. We love hearing about the great accomplishments of our chapters, and here are just a few that were reported to The LAMP this spring. If your chapter has been honored on campus, please share that good news by emailing us at LAMP@deltazeta.org.



The Gamma Chi Chapter at Ball State University (IN) was honored as Chapter of the Year. Along with this award, the chapter was pleased to receive the **Highest Community** Service Hours designation out of all other Greek Organizations on campus coming in with 1,154 hours total.

The Epsilon Kappa Chapter (right) at the University of Wisconsin/Whitewater was awarded the Chancellor's Achievement Award for the 2018-2019 academic year. This award recognizes an organization that takes that extra step to go above and beyond the typical criteria, Academic Achievement & Service Projects, Leadership Training provided to members, Community Benefit from this Organization's efforts and Accomplishments of the Organization, with

ESEMBLE THE SE

their campus involvement. These efforts not only help the organization and its members, but also contribute to the climate of the

campus and local community.

Week committee.

Omicron Pi member Latifah Fasancy (left) was honored as Greek Woman of the Year at Frostburg State University (MD). She has not only held multiple positions in the chapter but has also held the position of Greek Council President. She has served as recruitment councilor and a chair on the Greek

Former Alpha Chapter President from Miami University (OH), Allison Hess (left), was awarded Outstanding Chapter President. "Being able to serve my chapter as President is an opportunity that I am endlessly grateful for. Thank you to my amazing Miami University advisors Colleen Blevins. Jennifer

Levering and JS Bragg, my College Chapter Director Michelle Callaham, and my Executive Board for the unwavering support and guidance. Thank you to my family, friends, professors and everyone else who made my four years at Miami the best four years I could have ever asked for," said Allison.

FALL 2019 DELTA ZETA Auburn University honored Beta Xi member Lauren Brands (far right) with the Lauren Campisi Panhellenic Service Award, named after a Beta Xi member who graduated in May of 2018. The award is meant to symbolize gracious giving to Auburn's Panhellenic Cabinet. It is the very first Panhellenic service award and a Beta Xi member has won this award two years in a row. Lauren Brands has been involved with Panhellenic every year of her college experience serving as Beta Xi's Junior Panhellenic Delegate, the Director of Junior Panhellenic Delegates and the Director of Social Media.

Gamma Delta Chapter at Pennsylvania State University was awarded the President's Cup. Chapter of the Year. for the second year in a row this spring. They also won Excellence in **Chapter Operations. Excellence in Community** Relationships, Excellence in Membership Development, **Excellence in Academic Achievement and** Standards Achievement awards. Additionally, past chapter president and past president of the Panhellenic Council. Courtney Rodrigues, was named Sorority Woman of the Year.

Allie Hull (below). Kappa Tau-Morehead State (KY), was named **Sorority Woman** for the Year. "This award certainly holds a special place in my heart. There are so many amazing people within the Morehead State University Greek community so I was truly honored to be recognized as the 2019 Sorority Woman of the Year." said Allie who serves the chapter as Vice President of Philanthropy. "I am so thankful for Delta Zeta for all of the opportunities. experiences and friendships that have helped make me the woman I



The Lambda Kappa Chapter at the University of Alabama/ Huntsville won the academic excellence award. Korinne Hemm, pictured at left, was also awarded the **Outstanding Panhellenic Council Women** of the Year. The chapter says,

"Korinne is someone everyone on campus wants to be friends with. She has no one area of experience and represents our chapter perfectly. We could not be more proud of the women she is."

The Epsilon Omicron Chapter from Western Illinois University earned numerous chapter and individual awards this past year. They received

the Gold Standard Award, Outstanding **Chapter Standards and Membership Accountability, Outstanding Chapter Membership Development, Outstanding Chapter Scholarship and the President's** Award for the 2018 Outstanding Panhellenic Council Chapter of the Year. Individual awards were given to Jordan

> Lloyd, pictured left, as Sorority Member of the Year. Arianna Nutile as Outstanding Executive **Board Member** and the William E. Brattain Award, the most esteemed leadership award given to a graduating senior that has grown academically and achieved so much throughout their four years of college. Additionally, the College Chapter Director. Ashley Hattaway Katz, was

> > named Advisor of the Year.



FALL 2019



The Alpha Sigma Chapter at Florida State University organized two philanthropy events this past spring, Delta Ziti, an all you can eat pasta bar, and Disco with DZ, a silent disco event, to raise more than \$8,000 for the L.L. Schendel Speech and Hearing Clinic and our National Philanthropy Partner, the Starkey Hearing Foundation. At the Delta Ziti event, food was provided by the house kitchen staff as well as donations from restaurants such as Little Italy and Olive Garden. Disco with

DZ was the chapter's first ever silent disco event. Attendees could dance and listen to music using wireless headphones while the DJs controlled the music played through the headphones rather than through a speaker system. This event gives the community a chance to see a glimpse of what life is like for those affected by hearing loss.

Above: Alpha Sigma Chapter members Anna Stewart, Samantha Elliott, Emily Evans and Natalie Azulay

Growing Up in a Deaf Family

Renata Sindicic, Delta Beta-Tampa (FL), has a passion for helping and advocating for the deaf and hard of hearing community and was excited to share that common passion with her sisters when she joined Delta Zeta.

Renata is the proud child of deaf parents. In fact, her parents are her greatest role models. During her freshman year, she gave a Ted Talk about her upbringing with the message "never look at being deaf as an incapability, just because they can't hear does not mean they can't have normal lives or do truly amazing things."

Her childhood was different than most, as she was often an interpreter for her parents. "My parents depended on me, and I believe that access to information is a basic human right. I felt it was my responsibility to relay the information to my parents accurately," she explained.

Renata's parents grew up in Brazil where there was no support system for the deaf. She said that her



Above: Renata Sindicic, Delta Beta-Tampa (FL), front, with her family.

parents were the only two deaf people in their families, and no one knew sign because it was prohibited. "My parents, knowing no English nor sign language, found out about Gallaudet University and moved from Brazil to the U.S.," she said. Her parents learned and thrived, started their own business and now give back to enrich the lives of others.

Today her dad teaches at Florida School for the Deaf and Blind and also at a community college. Renata says that Delta Zeta has been welcoming and open to learning about her experience since she joined. "I've always been passionate about helping and advocating for the deaf and hard of hearing community and being able to share that common passion with my sisters is the best thing I could have asked for," she said.



Cleveland Area Panhellenic Luncheon Honors Delta Zeta Collegian

Sunday, May 18, 2019, the Cleveland (OH) Area Alumnae Panhellenic Association held their Spring Scholarship Luncheon at the Cleveland Metro Parks Zoo – Stillwater Place. Faith Rosenow, Kappa Iota-Wright State (OH), a Finance Economics Major from Mentor, Ohio, was a scholarship recipient.

Members from Cleveland Westside-Berea Alumnae Chapter and Cleveland Eastside Alumnae Chapter were on hand to meet, greet and support Faith and her mother, Heather Cramer, who was a member of Delta Sigma Tau Sorority at Mount Union College (OH).

At right: Delta Zetas attending the Cleveland Area Panhellenic luncheon honoring Faith (pictured in the center) were Carolyn Stevenson McCluskey, Theta Psi-Ashland (OH), Joan Dondrea Lowry, Charmae Stamper Cottom, Sue Bungard all from Gamma Alpha, Baldwin Wallace (OH), Carla Arnold Woodcock-Magee, Gamma Kappa, Kent State (OH), Jean Baldwin Rains, Alpha-Miami (OH) and Helen Rodin Drake, Theta-Ohio State.



Returning to Campus as Commencement Speaker

The University of Wisconsin/
Eau Claire's I,420 graduates
this spring were inspired by the
commencement address of Susan
Patterson Perry-Lindle (right),
Epsilon Omega-Wisconsin/Eau
Claire. Susan was a 1971 graduate of
the university with a degree in social
work. After graduation, she went on
to a 26-year career in the United
States Army where she was the first
female officer in a combat brigade
of an infantry division in Europe.
She was promoted to the rank of
colonel when there were only 25

female colonels in the Military
Intelligence Corps and she served
as the executive officer for the
deputy chief of staff for intelligence
at the Pentagon. With her wealth
of experience behind her, Susan
encouraged this year's graduates to
be mindful of the "take your breath
away moments" which life gives you.
"Life is about change. Basically
nothing is constant but change,"
said Susan during her address. "I try
to rejoice in each new day, to live in
the moment and to celebrate life."



Delta Zeta Alumna Named 2019 Women of Influence in the Food Industry

Delta Zeta National President Christy Phillips-Brown. Theta Iota-Western Carolina (NC), was named to The Griffin Report of the Northeast's 2019 Women of Influence in the Food Industry list.

In her professional role, Christy serves as the Vice President of Communications for Retail Business Services, the services company of Ahold Delhaize USA. This award honored her highly visible contributions to the food industry, her professionalism and the awareness she has generated for the potential of bringing more women into the business.

She took on her current role with Retail Business Services in January 2018. Prior to that, she served nine years with Food Lion, where she helped develop and launch the ambitious Food Lion Feeds program, which has pledged to donate 500 million meals by the end of 2020.

With Retail Business Services, Christy has demonstrated significant leadership, expertise and dedication to the company while

also showcasing commitment

to charitable, philanthropic and civic work. In

addition to her Delta Zeta volunteer roles, she currently serves on the board of directors for Second Harvest Food Bank of Metrolina.



Helping Women in Need

Sarah Sever (above). Xi Xi-North Georgia, is in the process of founding her own nonprofit called The Dwelling Place: Home of Hope. The purpose of this organization is to aid women facing struggles with pregnancy and homelessness.

"It's for women who may have been involved in domestic abuse or they've gotten pregnant, and they don't know where to go," explained Sarah. "It's just a place of refuge for them."

Sarah's goal is to purchase a threebedroom home that she can lease to three women at a time. There would be rules for the women to follow during their stay, but one benefit to them living there would be to have the other women watch their children for them while they're away. During this time, the renters could be networking and looking for jobs without having to worry about where they will stay.

Sarah said she got the idea for her business model in her entrepreneurship course. She follows the lean startup model, which involves starting a company small and then growing over time.

A lot of inspiration for the nonprofit comes from Sarah's desire to be another source of help for women in need.



Alpha is Puttin' on the Hits

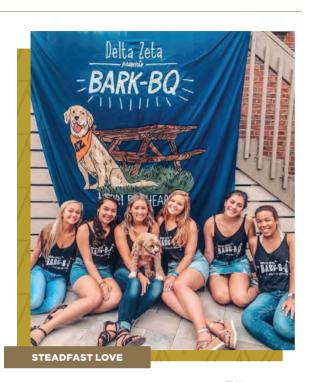
Each year, the Alpha Chapter presents Puttin' on the Hits, the largest philanthropy event at Miami University and the chapter's favorite night of the year. Better known as POTH, this campus-wide dance competition fundraises for Starkey Hearing Foundation and St. Rita's School for the Deaf.

This year's discothemed POTH featured over 40 performances. In the end of a tough competition, the winners were Phi Mu and Delta Sigma Phi, both winning a free brunch uptown and lots of pride. Most importantly, however, it was a heartwarming evening that not only brought the university together, but also raised \$35,155.42 for Starkey Hearing Foundation and St. Rita's School for the Deaf.

Dallas DZs Team Up with Heart of Courage

Dallas Delta Zeta alumnae are always #TrulyGiving! In February, they came together to round up professional clothing for Heart of Courage, a Dallas nonprofit. Heart of Courage provides support and advocacy for mothers who have had their children placed in the Texas foster care system and mothers who have aged out of the foster care system. Alumnae collected gently used women's professional items like clothing, shoes, jewelry and handbags. Heart of Courage will use these items to help women succeed in job interviews.





Sweet Caroline

Each spring semester, the Beta Delta Chapter at the University of South Carolina hosts a philanthropy event, Sweet Caroline, that is most dear to the hearts of their sisters. Caroline Boles Terry joined the chapter in the fall of 2003 and was diagnosed with acute myelogenous leukemia in 2004. After her diagnosis, the chapter quickly organized a bone marrow drive in hopes of finding a bone marrow match for Caroline. In 2005 alone, the chapter helped to add over 600 new names to the National Bone Marrow Registry. Even though Caroline passed in August 2005, the chapter still honors her legacy each year by holding a bone marrow drive. Through this event, they are able to add students from the University of South Carolina to the bone marrow registry in their partnership with Be the Match Foundation. Since purple was Caroline's favorite color, sisters wear purple shirts with a design unique to their event. Tables are set all over campus with information and registration packets for students to join the registry in hopes that some day they will be able to save a life.

FLAME ETERNAL



Marilyn Hutchcraft Landers-Lowell

GAMMA NU-EASTERN ILLINOIS

Marilyn Hutchcraft Landers-Lowell, Gamma Nu-Eastern Illinois passed away on March 29, 2019. Marilyn was initiated into the Gamma Nu Chapter in 1955 at Eastern Illinois University. She served on our National Council as National Vice President of College Chapters Operations. Marilyn started her career in education as a high school English teacher in Charleston. Illinois and Spring Hill, Kansas. Following a rewarding teaching career, she began a second career in higher education development, first at William Jewell College in Liberty, Missouri, and then serving as Director of Development at the University of Central Missouri in Warrensburg, Missouri. Upon her retirement from the University of Central Missouri, she served as a development consultant to Missouri Valley College.

In later years, she traveled regularly with her husband, Payson, with visits to Belize, Mexico, France, Italy and Germany, as well as her beloved destinations of Sanibel Island, Florida, Santa Fe, New Mexico and Mackinac Island, Michigan.

Marilyn is survived by her husband, Payson Lowell, her first husband Edward Landers and their sons, David Landers (Mary) and John Landers, her brothers, four grandchildren and numerous nieces and nephews. Obituaries reported from March 1, 2019 to June 30, 2019. Year of Initiation shown after name.

FLAME ETERNAL

ALPHA

Evelyn Pearce Evans, 1935

DELTA

Carole Grimmer Irvin, 1955

EPSILON

Martha Whitehead Scearce, 1951

THETA

Oralee Coughlin Finnigan, 1955 Cynthia Sebrell Raines, 1967

KAPPA

Jeannine Foster Nelson, 1945 Helen Moselle Sims, 1948 Patricia Ann Walters, 1961 Kathlyn Ellen McDonough, 1975

MU

Lois Croonquist Ryan, 1948

NU

Suzanne Broderick Berube, 1954

OMICRON

Shirley Waggoner Mixson, 1945 Ruth Ireland Kutz, 1951

PΙ

Laura Schneinder Hile, 1989

SIGMA

Yvonne Bardin Moore, 1945 Sally Sue Hazen, 1947 Eleanor Dixon Kleinpeter, 1955

ΤΔΙ

Suzanne Chaiclin Byers, 1947 Marion Ransom Swanson, 1947

UPSILON

Sonna Marie Anderson, 1978

рні

Norma Watkins Bauer, 1947

CHI

Norma Clark McAdams, 1950

PSI

Helen List Crawford, 1958 R. Kathleen Mitchell Smith, 1960

OMEGA

Iverne Iverson Tizekker, 1960

ALPHA ALPHA

Betty Pollard Morris, 1945 Phyllis Adams Gross, 1948 Lisa Plunkett Conlon, 1985

ALPHA BETA

Donna Joyce Orr, 1954 Joan Prokop-

Roberts, 1965

Frances Kirk Ferrell, 1952 Barbara Bowman Jones, 1956 Jennifer Theiss Paller, 1994

ALPHA DELTA

Patricia Sherrard Macherey, 1964

ALPHA EPSILON

Lucille Blackwell Kerr, 1944 Barbara Larson Lakin, 1947

ALPHA ZETA

Norma V. Plett, 1951

ALPHA THETA

Nancy Campbell Allocco, 1952 Susan Price Waugh, 1960 Ann Lois Vogt, 1961

ALPHA PI

Ruth Nunnelley Goodman, 1943 Maxine Gray Thigpen, 1956

ALPHA SIGMA

Marianne Kennedy Farrey, 1971 Doreen Terkmany Sutherland, 1981 Catherine Pickett Orlofsky, 1989

ALPHA UPSILON

Carol Ferland Pulling, 1964

ALPHA PHI

Helen Allen Stewart, 1935

ALPHA CHI

Barbara Hill Casseday, 1945 Janet Claire Elliott, 1947

ALPHA PSI

Elizabeth Pruner Witherow, 1953

BETA GAMMA

Janice Dwyer Haag, 1962

BETA DELTA

Patricia Leggett Lubman, 1962

BETA KAPPA

Lois Madsen Powers, 1938 Margaret Mundt Kleinwort, 1941 Virginia Myer Spangler, 1948 Barbara Jacobs Soros, 1948

BETA LAMBDA

Frances Holdredge Meacham, 1944 Velma Campbell Morgan, 1946

BETA MU

Julia Gibson Lewis, 1949 Hazel Eloise Whitehead Taylor, 1950 Patricia Maxson Nason, 1952

BETA NU

Ruth Duperrieu Ashe, 1946 Viola McWhorter Waugh, 1950

BETA XI

Billye Burgin Poe Dutt, 1951 Jane Johnson Yarbrough, 1955

BETA RHO

Linda Shiver Dansby, 1964

BETA SIGMA

Jane Failor Sage, 1949 Mari Sherman Carter, 1953

BETA TAU

Dorothy Kreycik Mundorf, 1946 Opal Wiles Kettler, 1947

BETA CHI

Janice Henson Carr, 1945 Sharon Tamblin Merizon, 1955 Judy Hough Lammers, 1959 Susan Laura Dunbar, 1964

BETA PSI

Elizabeth Hogan Chamberlain, 1942

BETA OMEGA

Clorinda Andreana Muligano, 1946

GAMMA ALPHA

Janice Douglas Strassner, 1950

GAMMA BETA

Polly Thayer Felici, 1943 Marjorie Watkins Soden, 1945 Emma Williams Capen, 1948 Natalie Dickinson Belew, 1953

GAMMA ZETA

Norma Jo Mayfield Talbot, 1953

GAMMA THETA

Helen Harney Schmude, 1952

GAMMA IOTA

Paula Hicks Platt, 1955

GAMMA KAPPA

Donna Isaacson Davis, 1951 Phyllis McCormick DiFiore, 1955 Mary DiLoreto Rossi, 1959 Nancy Talbott Meloy, 1961 Elizabeth Gulrich Hilton

GAMMA NU

Marilyn Hutchcraft Landers-Lowell, 1955 Sharlene Banton Smith, 1956

GAMMA XI

Marsha Rottstedt Harris, 1967

GAMMA PI

Susan Alyce Smith, 1977

GAMMA RHO

Arlene Reinke Miller, 1950 Frances Oglietti Berst, 1960

Anita Vodon

Anita Voden Arnaut, 1962

GAMMA CHI

Betty Jean Rich Chance, 1953

DELTA BETA

Janis White Bistritz, 1996

DELTA CHI

Patricia Burton Fosgate, 1957

DELTA PSI

Mary Strench Rosenquist, 1957

EPSILON GAMMA

Lillian Kending Truesdale, 1956 Mary Lou Kincaid Gentry, 1957 Willa Gerhart Webb, 1957

EPSILON EPSILON

Josie Monis Burriss, 1957 Bonnie Benck Newman, 1965

EPSILON ETA

Patricia Linn Samel, 1956

EPSILON THETA

April Sheatz Martinez, 2004

EPSILON LAMBDA Betty Martin Frank, 1957

EPSILON MU Myrna Reynolds Pontiff. 1956

EPSILON NUSharon Hov

Finley, 1961

EPSILON OMICRON

Agnes Vallmer Hussey, 1957 Rebecca Woodward Niewohner, 1994

EPSILON PI

Audrey Wilson Campbell, 1957

EPSILON SIGMA Diane Koweck

Diane Koweck Gallivan, 1961

EPSILON PSI

Ann Wells Campbell, 1960

ZETA GAMMA

Melody Allison Lanier, 1963

ZETA EPSILON

Sandra Dunn, 1959

ZETA NU

Nicole Hornbaker Hamner Weiss, 1991

ZETA PHI

Lisa Moschella Yarosz, 1981

ZETA OMEGA

Sidnye Fisher Georgette, 1974 Joanne Hay Buczynski, 1982

...

THETA ALPHA Marlene Ann Fresco, 1970

THETA DELTA

Dorothy Elder Warnock, 1963

THETA TAUTerri Watson

Mercer, 1974

IOTA DELTA

Maria Baius

Heddleston,

1995

KAPPA XI Kathleen Joan Palumbo, 1969

XI EPSILON

Joni Jones Cannatella, 1979

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READING ROOM



Three Decades of Work

Helen Mitchell Ruggieri, Gamma Delta-Pennsylvania State, has been writing for more than thirty years. She has iust published a fifth book, "Camping in the Galaxy," which is a compilation of short prose pieces about nature and essavs. She also wrote "The Character for Woman," a book of short prose pieces (haibun) about living in Japan, from Foothills Publishing and three books of poetry in print from Kitsune Books: "Butterflies Under a Japanese Moon;" Aldrich Publishing/ Kelsay Books, "The Kingdom Where **Everybody Sings** Off Key;" and "The Kingdom Where No One Keeps Time," Mayapple Press. Find out more about Helen and her work at www.helenruggieri .com/.



Marriage Advice to Make Love Last

In "Staying Together For At Least 50 Years," Deborah Lynn Parsley, Kappa Phi-North Carolina/ Charlotte, provides a practical approach to maintaining emotional support, pleasure and faithfulness in your marriage by explaining the most common marriagebusters and providing strategies for ending harmful patterns of interaction. This book is a distillation of thousands of hours of listening to and learning from people facing the challenges of marriage and family life. With humor and wisdom Lynn guides you into making love last a lifetime. Find out more at www. lynnparsley.com.



Young Adult Romance Author

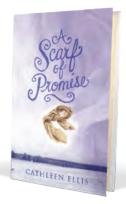
June Sherman Lowenberg, lota-Iowa, blends young adult romance with a touch of supernatural element in a touching plot as main character. Lenox Ryan, moves from a celebrity life to everyday existence where, for the first time, she makes real friends and falls in love.

Published by New York City-based Page Publishing, "Clear Colors" explores teenage politics, social interactions and the connection of a small town. Despite her character's gift of seeing auras, June succeeds in creating a believable girl whose search for happiness is pitted against her.



Animal Lover Turned Author

Susan Sullivan Williamson, Beta Theta-Bucknell (PA) is the author of three mysteries and a children's book. After transferring to the University of Kentucky to major in agriculture, Susan then received a Fellowship at the University of California, Davis earning a master's in animal science. Since then, she has been a 4-H extension agent, an educator, a newspaper editor, a riding instructor and now has turned her experiences into stories. Her first book. "Desert Tail," was originally published in 2014 and was republished in 2018. A sequel, "Tangled Tail," came out in 2018.



Golden Rose Follows Her Passion

Golden Rose member Cathleen Thyne Ellis, Beta Sigma-Colorado State, writes for and about young people. Her lifetime of working with teens gives her the inspiration for the adult romances she has published. While continuing to write, she also enjoys hiking and snowshoeing. She volunteers in the emergency room of her community hospital.

Follow Cathleen, and how her teens cope with their first loves, on her website at www.cathleenellis.com.

Are you a Delta Zeta author? Share your publications with us by emailing LAMP@deltazeta. org

HOME.





As you walk down the hallways of the new Omicron Lambda Chapter house at North Carolina State University, you will see walls lined with years of Delta Zeta composites and cannot help but feel like you are within history even though the property has recently been finished. You can imagine laughter from sisters making memories in each new space. Members have said the new house has brought them together in ways that help them feel a part of something that is bigger than themselves. They have grown to be better women, and sisters, because of their experiences in Delta Zeta, and they know the addition of this new home will only further and enhance those experiences.



fter a three-year process, from design to completion, the Delta Zeta house at

North Carolina State University was officially completed in the fall of 2018. Our property is part of a much bigger master plan for the University's Greek Village concept. The village will feature 20 privately developed fraternity and sorority houses on university property. Each new house will be individually designed, built and operated either by a local non-profit alumni house corporation or a national fraternity/ sorority housing operation. The Greek Village will be a hub for all Greek life organizations on campus and will include a community center with programmatic space, a small kitchen and some offices. Delta Zeta



is the fifth house completed overall and the third Panhellenic property. All Panhellenic organizations will reside in the Village upon completion (fsl.dasa.ncsu.edu/greek-village-project/).

The new house features six ionic columns on the front of the house signifying our six Founders and, of course, the ionic column on our badge. On the back are the four "pearls" presented as insets over the back entrance. The window over the front porch and the widow's walk railings include diamond shapes also representative of our badge and jewel. Inside the house members will enjoy study rooms, large bedrooms, communal living spaces and an incredible state of the art kitchen that



The house is always buzzing with positive attitudes and friendships. I couldn't imagine being anywhere else but here.





has members excited and hopeful for the upcoming recruitment season.

Omicron Lambda collegiate and alumnae members could not be more excited about the completion of the house. According to Suzy Watts, Chapter President, this house is a place she and her sisters are proud to call home. "The sense of community this house brings is indescribable. The house is always buzzing with positive attitudes and friendships. I couldn't imagine being anywhere else but here." Another member, Carson Dymock, describes the house as "a safe place where I can just be a total goofball with my closest friends. I come to the Delta Zeta house for meals, workshops, sisterhoods and movie nights. This is my happy place, and I couldn't be more excited for this new house that is already full of so many memories."

Although the house has just recently been completed, it is already being filled with unforgettable memories such as late nights in the living room with sisters, inspirational talks with true friends and a sense of family. It is a place where members can truly be themselves and accepted for their fun and quirky personality that bring dynamics to the house that can never be forgotten.

TRULY AZ

uring her Delta Zeta career, Ruth Weider
Patterson, Beta Chi-Wittenberg (OH) has
worn many different hats from College

Chapter Director (CCD) to National Treasurer.
Ruth and her husband, Rob, just celebrated 59 years of marriage in May. When she finished her term as Foundation President in 2012, Ruth continued her involvement as Vice President - Museum, supporting Delta Zeta's efforts to preserve our rich history.

LAMP: Why did you join Delta Zeta, and what was your chapter experience like?

RP: When I walked through the doors of the chapter house at Wittenberg in 1956, it felt like home. I lived with my grandmother in town my first two years of college, but then moved into the Delta Zeta house my junior and senior years. I waited tables and did dishes for half-board in order to live in the sorority house.

LAMP: How did you first get involved as a volunteer?

RP: Rob and I live in Columbia, SC, where my husband is a now retired history professor at the University of South Carolina. In 1980 our daughter enrolled at USC and joined the Beta Delta Chapter. While she was pledging, I met Norma Minch Andrisek, Gamma Alpha-Baldwin Wallace (OH), who was then National President, while she was visiting the chapter. They needed an advisor, and she asked if I'd volunteer to be the CCD. After talking to my daughter about it, I said "yes" and then persuaded my husband to serve as Beta Delta's faculty advisor.

LAMP: What was your most favorite Delta Zeta role?

RP: CCD! I loved watching the members develop as a chapter and see them grow. I've been adopted by Beta Delta and still go to meetings and events a few times a year.

LAMP: What is something most people don't know about you?

RP: I volunteer
with an emergency
food bank here in
Columbia. There are so
many people who struggle
for so many reasons, and
I get so much more out of
my involvement, showing a
personal interest in people
and finding ways to help.

LAMP: What most excites you about Delta Zeta today?

RP: Delta Zeta members always take on responsibilities and are leaders. Even if the tools we use change, Delta Zeta is still on the same road that the Founders put us on.

LAMP: Pink or Green?

RP: Green — I had to look in my closet to confirm! ♠



THE LAMP



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