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Connects Members

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Alumna Navigate Life Challenge



# the Lamp

OF DELTA ZETA

ALONE WE STRUGGLE  
**TOGETHER WE**

**Fight!**

When faced with adversity, singer  
Alyssa Parma, Beta Kappa-Iowa State,  
found she wasn't fighting alone.

FALL 2018





## ARCHIVAL

Delta Zeta has many wonderful traditions we have incorporated from the four national sororities that have merged with us.

The ivory gavel, used by the National President during Convention Business meetings, was a gift from the Beta Phi Alpha Fraternity when they merged with Delta Zeta in 1941.

An original gift from one of the Beta Phi Alpha founders, Elsie Ludeke, this beautiful artifact lists the Beta Phi Alpha National Presidents on one side and Delta Zeta National Presidents, through 1977, on the other.

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When faced with adversity, singer Alyssa Parma, Beta Kappa-Iowa State, found she wasn't fighting alone. Support and encouragement helped her overcome her struggle with cancer, and she is passing that experience along to others.

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#### THE LAMP

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## The LAMP of Delta Zeta

VOLUME 107, ISSUE 2  
FALL 2018

### **DELTA ZETA SORORITY NATIONAL COUNCIL 2018-2020**

Christy Phillips-Brown  
Theta Iota-Western Carolina  
**National President**

Ashley Patton Anderson  
Iota Alpha-Texas State  
**National Vice President  
of Membership**

Cathy Irvin Painter  
Alpha Gamma-Alabama  
**National Vice President  
of Collegians**

Barbara Jones Brotherton  
Theta Nu-Minnesota  
State/Moorhead  
**National Vice President  
of Alumnae**

Heather Busby Hanner  
Xi Xi-North Georgia  
**National Vice President  
of Administration**

Stacey Wheeler Slaughter  
Kappa-Washington  
**National Vice President  
of Finance**

Diane M. Stecher  
Iota Xi-Missouri/St. Louis  
**Past National President**

Leslie Evans Williams  
Epsilon-Indiana  
**National Panhellenic  
Conference Delegate**

### **FOUNDERS**

Alfa Lloyd Hayes, 1880-1962  
Mary Collins Galbraith, 1879-1963  
Anna Keen Davis, 1884-1949  
Julia Bishop Coleman, 1881-1959  
Mabelle Minton Hagemann, 1880-1929  
Anne Simmons Friedline, 1879-1932

### **THE ORDER OF THE LAUREL**

Irene Caroline Boughton  
Iota-Iowa  
Grace Mason Lundy  
Epsilon-Indiana  
Elizabeth Coulter Stephenson  
Alpha-Miami (Ohio)  
Myrtle Graeter Hinkly  
Delta-DePauw  
Norma Minch Andrisek  
Gamma Alpha-Baldwin Wallace

## FROM THE PRESIDENT

### Love.



Have you ever paused and reflected on how blessed we are to have joined Delta Zeta? For many of us, our Sorority has been the source of friendships and connections — a sisterhood — that likely would not have happened any other way.

During Convention, I saw so many glowing examples of our sisterhood. Some were first encounters and the start of new friendships. Others were reunions of familiar faces and the retelling of favorite stories.

Online, I see Delta Zeta sisters connecting with each other around the globe. Sometimes it's a collegiate member studying abroad and receiving a huge shout-out from her chapter. Other times, an alumna member using her Delta Zeta connections to find her way around a new city after a job transfer. I love that we are there for one another wherever we go.

Delta Zeta's love is contagious. You can see the heart we have for each other and serving our communities. I'm not the only one that sees it.

I recently met the mother of a newly initiated chapter member. While the mom did not have the opportunity to join a sorority during college, she spoke so highly of Delta Zeta and the opportunities we have already afforded to her daughter. You could tell that she would have loved to have this experience, too!

Can you imagine your life without Delta Zeta sisters? I can't. In college, there were days hiking the mountains near my campus and others volunteering at Adopt-a-Highway or the Speech and Hearing Center on campus. College nights included study hours and conversations on the Delta Zeta halls and social events. In school, we coined the term "DZ takeovers" to describe fun events like going to get ice cream or eat pizza, and we continued those after graduation for our getaway weekends and hangouts. Later in life, my sisters have been there for career conversations and help navigating a changing role as my parents have aged.

My Delta Zeta sisters are part of every memory. Even now, there is always a Delta Zeta who I can call and talk to about anything. Are you thinking of someone now? My hunch is that she'd love to hear from you.

We are truly supportive sisters, and each of us can be a showcase of that love as we walk in the light of the flame each day. Thank you for always being there for one another.

I'm so glad that we have this sisterhood and a love that is ever steadfast!

*Christy M. Phillips-Brown*

Christy M. Phillips-Brown  
**National President**



# Ways you can Support a Sister in Crisis

Chances are you will find yourself at some point in life faced with a sister who needs support. According to a recent Association for University and College Counseling Center Directors survey, we know that anxiety is a top presenting concern among college students at 41.5 percent, followed by depression at 36.4 percent and finally relationship problems at 35.8 percent. Here are basic supportive messages you can say to a friend or loved one facing a crisis.

**ONE**  
**I believe you.**

**TWO**  
**Thank you for sharing with me.**

**THREE**  
**I'm sorry this happened to you.**

**FOUR**  
**What happened is not your fault.**

**FIVE**  
**I'm always here if you need to talk.**

**SIX**  
**What can I do for you?**



ISTOCK/PEOPLEIMAGES

## Six (Plus One)

### PLUS ONE ...

### Delta Zeta's Protect Your Shell

A new collection of resources supported by the Delta Zeta Foundation, Protect Your Shell helps our members be proactive in their approach to health and wellness. Bullying, body positivity, suicide prevention, self-harm and life's everyday stress can put you in crisis. Visit [www.deltazeta.org/gettheapp](http://www.deltazeta.org/gettheapp), and sign in to view Protect Your Shell to learn more. 🔥





## On Our Way

Delta Zeta Looks to the Future at  
National Convention

During the five days Delta Zeta spent together in San Francisco, our members accepted the challenge of demonstrating how we are truly on our way, by sharing their amazing accomplishments on their campuses and in their communities. The National Convention not only conducts the official business of the Sorority, but brings together sisters and friends who share a deep love and sentiment for Delta Zeta to plan for the future of our organization.

Planning for Delta Zeta's future means charting a course, which at times may not be easy, and we may find ourselves thinking well outside the box. As we heard from Convention Initiate, Jenni Luke, Xi Omicron—Loyola Marymount (CA), during the Carolyn Barnes Gullatt Symposium, "Disruptors drastically change the way we think, the way we live, the way things have always been done. As disruptors drastically alter the status quo, they open us up to new ideas, new talents and new people." Just like the Founders were disruptors, Jenni called all of us to change how we are thinking to move Delta Zeta forward. She went on to challenge us to build our social capital through relationships. "Disruptors may have a vision for the future but, without relationships, they can't open doors or create

opportunities for change. We must build our social capital, the relationships you build when you said 'yes' to Delta Zeta. The sisters in your new member class, to your fellow executive board members, to campus Panhellenic officials, to your alumnae advisors — these relationships are all of value to you."

Surrounded by inspirational messaging which invited members attending Convention to write a letter to a future sister, we saw many participants pass along nuggets of wisdom to sisters of the future from their current experiences. "This experience will help you bloom into the very best version of yourself through sisterhood and philanthropy. The relationships you make today will be with you forever!" Dezaray Johnson,

**If we approach our decisions with empathy, compassion and always with being kind to one another, I think we can help bring others along with us.**





Lambda Omicron—Angelo State (TX), College Chapter Director, Lambda Omicron, Angelo State University.

From spreading the message of awareness about our National Philanthropy on Fisherman's Wharf, to singing and dancing with Matt Nathanson during our Celebration of Service dinner, Delta Zeta demonstrated how we make life changing moments part of our everyday existence. Amanda Willms from The Painted Turtle camp showed how our members have given direct service to making a camp experience possible for children who need it. And, Tani Austin, Alpha—Miami (OH), and her husband, Bill Austin, Co-Founders of

Starkey Hearing Foundation, inspired us to expand our reach to change lives globally.

As the final banquet was held, and chapters honored for their achievements, our new National Council also took the challenge to move Delta Zeta into the future. National President, Christy Phillips-Brown said, "Each of us will never make everyone happy with the decisions we have to make and implement to preserve the sorority experience for many years to come. However, if we approach our decisions with empathy, compassion and always with being kind to one another, I think we can help bring others along with us." 🌹

TO WALK  
TRULY  
IN THE  
LIGHT OF  
THE FLAME

A DELTA ZETA COMMITMENT

## Foundation Goal Exceeded



Delta Zeta is able to fulfill our commitment to

providing every member with a more meaningful and fulfilling sorority experience because of the generous support of the historic *To Walk TRULY in the Light of the Flame* capital campaign. The Delta Zeta Foundation exceeded the \$3.5 million goal to empower sisters by raising \$4 million! We cannot thank each and every donor enough for their generosity.

Find out more about the campaign and the Foundation at [deltazeta.org/give-graciously](http://deltazeta.org/give-graciously).

## ALFA

MATCH THE DELTA ZETA'S 2018-2020 NATIONAL COUNCIL MEMBERS ANSWER TO THE FOLLOWING QUESTION:

# Who has been the most supportive to you in your leadership role in the Sorority?



**Ashley Patton Anderson,**  
National Vice President  
of Membership



**Diane Stecher,**  
Past National President



**Christy Phillips-Brown,**  
National President



**Leslie Evans Williams,**  
National Panhellenic  
Conference Delegate

**a.**

"There are so many. So many Delta Zeta volunteers have paved the way or supported me through the years. However, I'd like to give a shout-out to one of my best friends from college, Jamie Kuhneman Thompson, Theta Iota-Western Carolina (NC), who has patience when we're shopping, on the tennis court, in the mountains for a weekend away or just catching up, and I have to abruptly end our conversation to take a call for Delta Zeta. She always comes to the rescue in good times and bad!"

**b.**

"Lindsey Fostinis Kivetos, Lambda Xi-Texas A&M, is my biggest Delta Zeta cheerleader. We met when she was Chapter President and I was working as the Recruitment Advisor at Texas A&M University. We have always bonded over our love for Delta Zeta. She always knows just when to send words of encouragement. And, she ALWAYS laughs at my jokes no matter how bad they are. I am so thankful Delta Zeta brought us together."

**c.**

"My mom, a Delta Zeta from Epsilon Tau-Longwood (VA) — Carol Combs Irvin! From my college days as Vice President of Recruitment and President to my current service on National Council, she has played countless "rush" songs on the piano, hemmed dresses, cross-stitched nametags, arranged music for Conventions and watched my kids while I traveled for Delta Zeta events and visits. She's the best! Love you mom!"

**d.**

"I am incredibly fortunate to have my sister, Michelle Jones Daly, a member of Alpha Gamma Delta, as an amazing role model and inspirational sorority leader. She always encourages me to be my best self and challenges me to grow and thrive as a leader within the Sorority. As a past national volunteer, she willingly provides guidance, especially in the area of time management while juggling all aspects of my life."



## Chit-Chat



**Cathy Irvin Painter,**  
National Vice President of  
Collegians



**Stacey Wheeler Slaughter,**  
National Vice President  
of Finance



**Heather Busby Hanner,**  
National Vice President of  
Administration



**Barb Jones Brotherton,**  
National Vice  
President of  
Alumnae

e.

"Kathi Bray Heatherly's, Epsilon Upsilon-Central Oklahoma, love and enthusiasm for DZ has always been an inspiration to me! Her encouragement of me to be an engaged leader in so many roles over the years has been a tremendous support!"

f.

"Since first meeting over 14 years ago when I was a CCD, Leslie Evans Williams, Epsilon-Indiana, has always supported and encouraged me in my leadership roles. She has inspired me with her own leadership and commitment to Delta Zeta. I am truly grateful for her support and friendship."

g.

"When someone asks me why I've stayed involved in Delta Zeta, I say — simply — because someone did it for me. My CCD, Carin Brown Steckler, Kappa-Washington, dedicated decades to serving Delta Zeta, primarily at the local level. Her example of the positive impact even one actively engaged alumna can have on the members of her chapter was inspiring to me as a collegian and an example I have continued to hold close to my heart."

h.

"I have been fortunate to have MANY women build me up to the leader I am today beginning with my chapter sisters who believed in me and asked me to serve as their chapter President. They believed in me, more than I did at the time. I feel that if I could give just one member the opportunity to grow and attain these same skills I had received from Delta Zeta, then I would have succeeded." 🌟

**ANSWERS:** a. Christy Phillips-Brown, National President;  
b. Ashley Patton Anderson, National Vice President of Membership;  
c. Cathy Irvin Painter, National Vice President of Collegians;  
d. Barb Jones Brotherton, National Vice President of Alumnae;  
e. Leslie Evans Williams, National Panhellenic Conference Delegate;  
f. Heather Busby Hanner, National Vice President of Administration;  
g. Stacey Wheeler Slaughter, National Vice President of Finance;  
h. Diane Stecher, Past National President

## ALFA

## Heritage

## Delta Zeta's Grace Mason Lundy and Florence Hood Miner Awards

HONORING COLLEGIATE ACHIEVEMENT



Remembering all the many glittering awards given at Conventions now to chapters and individuals, it is difficult to believe that these national awards were not initiated until the year 1936 at the Asheville, North Carolina Convention. And, it wasn't until the closing banquet of the 1946 National Convention in Brainerd, Minnesota, that Delta Zeta's highest individual member collegiate awards were announced.

From the 1982 Delta Zeta history penned by Florence Hood Miner, Alpha Beta–Illinois, we catch a glimpse of the beginnings of the Grace Mason Lundy and Florence Hood Miner Awards which continue to honor collegiate achievement today.

"With chapters receiving awards at Convention, it was felt by some that individual members should be cited for their achievements. At the closing banquet of the Breezy Point Convention in 1946, two new individual awards were announced. Epsilon alumnae had asked that an award be given to an outstanding collegian to honor the many years of service given by Grace Mason Lundy, Epsilon–Indiana, who was retiring as National President. Coincidentally, Florence Hood, Alpha Beta–Illinois, whose fashion job no longer permitted great active service to Delta Zeta, proposed a similar award to a collegian.

It was not until the Swampscott (MA) Convention in 1948 that these two awards were given as it took

time for National Council to decide on the criteria and the names for these awards. It was decided that the Grace Mason Lundy (GML) Award would be given to a senior member who had shown not only outstanding achievements on campus, but great service to her chapter. A junior member was to receive the Florence Hood Award with stress on campus and community activities in her achievements.

**With chapters receiving awards at Convention, it was felt by some that individual members should be cited for their achievements**

Joyce Edgar, Beta Kappa–Iowa State, and Marilyn North, Alpha Alpha–Northwestern (IL), were the first recipients. At this first presentation a special bracelet had been designed for the GML Award, but later discontinued. An especially designed charm of a rose with a pearl is now given to winners. (At the Miami Convention in 1979, this original bracelet was given by Joyce's daughter, Debbie Bull, Beta Kappa–Iowa State, for the archives, with the stipulation that it be returned to her daughter if she should ever win the GML Award.) ♦



Far left: 1966 and 1968 winners of the Florence Hood Miner Award Jane Gustafson Thompson, Beta Nu-Miami (FL), and Pamela Whitestein Schumann, Gamma Chi-Ball State (IN), with the award's namesake at the 1968 National Convention.

Left: Mallory Golski, Omicron Gamma-Ohio (left) and Alexis-Athena Wyatt, Delta Omega-Fort Hays State(KS) (right), received their Florence Hood Miner Awards at the 2018 National Convention from National President, Diane Stecher (Center). Hailee Thomas, Kappa Alpha-Nicholls State (far right), received her Grace Mason Lundy Award at the 2018 National Convention from National President, Diane Stecher.

## Honoring Collegiate Achievement

The GML and FHM award-winners were announced at the National Convention in San Francisco, California continuing the tradition of the first awards given 70 years ago this month.

The recipients for 2018 are:

### GRACE MASON LUNDY AWARDS:

Brittany Boyer  
Epsilon Nu-  
Missouri State

Lauren Campisi  
Beta Xi-  
Auburn (AL)

Katherine Crider  
Pi Chi-  
Western Kentucky

Elizabeth Smith  
Epsilon Sigma-  
Wayne State (MI)

Hailee Thomas  
Kappa Alpha-  
Nicholls State (LA)

Emily VonLehmden  
Omicron Lambda-  
North Carolina  
State

### FLORENCE HOOD MINER AWARDS:

Madysen Bush  
Delta Phi-  
Northeastern State  
(OK)

Hannah Cubberley  
Gamma Tau-  
Bowling Green  
State (OH)

Mallory Golski  
Omicron Gamma-  
Ohio

Stacey Mott  
Omicron Epsilon-  
Arkansas State

Caitlyn Skuodas  
Beta Tau-  
Nebraska Wesleyan

Alexis-Athena  
Wyatt  
Delta Omega  
Fort Hays State (KS)

## Take Note



## 1902 Loyalty Society Advisory Committee




Members of the 1902 Loyalty Society Advisory Committee are exceptional collegiate donors who work to encourage, motivate and inspire their peers to donate to the Delta Zeta Foundation. These donors share a long-term vision and commitment to Delta Zeta, believing in the growth of their sisters as empowered women. They have witnessed firsthand the encouragement members have received to take responsibility in the classroom, apply for opportunities in leadership development and to give graciously.

"Supporting the Delta Zeta Foundation means that I get to be a part of the movement that provides young women with leadership, support and growth opportunities throughout their collegiate years. As Delta Zeta has allowed me to grow into a strong woman, I am excited to watch fellow sisters receive the same opportunities that I had during my college years,"

Brittany Boyer, Epsilon Nu-Missouri State.

Members like Brittany have volunteered for the Advisory Committee for a number of reasons. They have seen the Delta Zeta Foundation impact the lives of our women by providing scholarships and enabling enriching programs. Both allow our members to grow in leadership and gain confidence to empower themselves as well as others.

"The *Loyalty Society* gives me the opportunity to contribute to the education of the whole person as we grow with and for each other," Megan Glendinning, Xi Omicron-Loyola Marymount (CA).

The Delta Zeta Foundation will be accepting applications for the 1902 Loyalty Society Advisory Committee this fall. Learn more on our website at [www.deltazeta.org/give-graciously/1902-loyalty-society](http://www.deltazeta.org/give-graciously/1902-loyalty-society). 


## ALFA

## Your Words &amp; Pictures



**Delta Zeta  
Sorority National**



 **Top  
comments  
during  
Delta  
Zeta's Live  
Capital Campaign  
announcement at  
National Convention  
where we exceeded  
expectations and hit  
the \$4.5 million mark!**

"Thank you so much to all of the DZ Foundation Capital Campaign donors! You are empowering our women!"

**- Jane Spurgeon,  
Iota Xi-Missouri/  
St. Louis**

"Exciting to be able to be with all of you at Convention via streaming."

**- Sonja Nay Wise,  
Delta-DePauw (IN)**

"NMALC was one of my favorite things during chapter. Such an experience!"

**- Elaine Cox,  
Epsilon Sigma-  
Wayne State (MI)**



**LAMP@deltazeta.org**




Your article on Rebecca Rusch was excellent. I enjoyed the article and was interested as well that she was traveling to Vietnam. My husband was a Seabee with the U.S. Navy during the Vietnam War, and we have many pictures of his time there. She is a true outstanding athlete and someone other young women can admire. The writer of this article did a wonderful job of making it interesting and meaningful. Good job!

**- Mary Epperson  
Wyatt, Beta Xi-  
Auburn (AL)**



**@deltazetanatl**



No challenge is too great with our sisters by our side. Together we make the impossible possible. #TrulyDZ #MotivationMonday  
 @dudeltazeta



A little pink, a little green, and a whole lot of smiles. #TrulyDZ #Sisterhood

#MakeTheWorldGoRound  
 @Deltazetalsu



**202 East Church Street,  
Oxford, OH 45056**



A heartwarming letter arrived today in the mail about the Order of the Golden Rose! Even as I read it, wonderful memories came to mind of Delta Nu days, of sisters at Parsons College, of life and moments shared there and later as an alumna. I probably did not fully understand at the time but, as I look back, Delta Zeta was a place of community and encouragement where we laughed, studied and worked together in both joys and difficulties. I see this as I continue to read through the Delta Zeta LAMP in my Golden Rose year. Such places of community are so important in all of our lives in all seasons of life.

**- Jane Becksfort  
Brown, Delta Nu-  
Parsons (IA)**

*Editor: The Order of the Golden Rose Award honors alumnae who have reached 50 years of Delta Zeta membership.*



## AUTHENTIC

# Jenni Luke

Xi Omicron – Loyola Marymount (CA)

As a former lawyer who found her calling in the non-profit sector, Jenni Luke, Xi Omicron-Loyola Marymount (CA) has paved a path of success through her leadership skills. She continues to put those skills to work as the CEO of Step Up, a nonprofit focusing on mentorship for teen girls to help them become confident, college-bound, career-focused and ready to join the next generation of professional women. The journey Jenni has been on may not have been what she had mapped out during her collegiate years but is definitely one she thoroughly enjoys. Jenni was the 2018 Convention Initiate, and she sat down with *The LAMP* so we can get to know our new sister a little bit better.

### LAMP: WHAT IS YOUR FAVORITE WAY TO START YOUR MORNING?

Jenni: Because of all my traveling, I try to do anything that I can consistently do while on the road. I wake up, drink a ton of water and have some coffee. Then, I like to read a spiritually grounded book. I also find time to meditate.

### WHAT HAS BEEN THE BIGGEST CHALLENGE IN YOUR LIFE?

Admitting what did not fit for me. Though it felt devastating to have invested so much into my education as a lawyer to only come out the other end and not love the job, it wasn't a failure. It's just a recognition that a shift needed to happen, and you learn about yourself as you grow.

### WHAT ADVICE WOULD YOU GIVE A WOMAN STILL IN COLLEGE?

Know that mistakes are just learning experiences and you have to keep moving and growing. Sometimes we put a lot of pressure on ourselves to get it right the first time and stick with it because you don't want to either admit that you failed or got it wrong.

### WHAT HAS BEEN AN EVERYDAY STRUGGLE?

Relationship building. I was away for long periods of time because Step Up was in a growth spurt opening programs in different cities that it was a struggle to upkeep all of my relationships.

### WHO IS SOMEONE YOU ADMIRE?

I really admire athletes like Nathan Chen because of their dedication and mental toughness. I find resilience and courage in their ability to fail on such a public platform. Nathan was expected to win the gold medal in figure skating at the Olympics, but the pressure got to him and he fell apart. He rebounded on the final day of competition and set a world record for the number of quadruples in a performance.

### WHAT IS ONE THING YOU WANT YOUR DELTA ZETA SISTERS TO KNOW ABOUT YOU?

The way I look at the world is that we're all spiritual beings having a human experience. The world is our classroom and every interaction, every life experience, is just another way to learn about the world.



“

**Know that mistakes are just learning experiences and you have to keep moving and growing.**



Fun Fact: Jenni used to be a competitive figure skater as a kid.

## GLOBAL CITIZEN

OUR GLOBAL CITIZEN TRAVEL DIARY:

# Creating Sustainable Impact Around the World

By Jordan Baratta, Beta Delta-South Carolina; Victoria Ketcham, Delta Tau-Temple (PA); and Olivia Kocsis, Delta Alpha-California State/Long Beach



Being a global citizen means knowing that you are making a difference in the world and working with others to do that. It includes recognizing that there are like-minded others working to do meaningful things in the lives of those beyond your reach.

Changing thousands of lives in communities half a world away is a huge undertaking. And there is no way the Starkey Hearing Foundation can make this type of change without the support of thousands of on the ground volunteers. "These volunteers come in many forms," according to Antonio Esteban, a volunteer with the Starkey Hearing Foundation, "from eighth graders to medical school students, friends and family, church members and even tennis and windsurfing buddies – everyone wants to join in. Even patients and their family members return the year after they are fitted to help with the next Hearing Mission." We joined the team on the ground in Santo Domingo and Santiago this past spring and helped fit more than 500 patients each day for hearing aids. What we learned, from our time traveling with Starkey Hearing Foundation, is that all change is possible, if it is simple, sustainable and supported.

Above: Pictured, right to left, National Vice President of Finance, Stacey Wheeler Slaughter, Kappa-Washington, Abbie Rees, Director of Philanthropy and Community Relations, Jordan Baratta, Beta Delta-South Carolina, Victoria Ketcham, Delta Tau-Temple (PA), Olivia Kocsis, Delta Alpha-California State/Long Beach and Tsaley Slaughter, daughter of Stacey.





Walking through the amazing community of Santo Domingo on our first night.

**MONDAY, APRIL 23, 2018**

## Victoria

### Training day.

I was completely unsure of what to expect from the overall trip. Not to mention, the considerable responsibility that came along with representing Starkey and Delta Zeta. I quickly found that with the help of Starkey's amazing team of volunteers, my fears were quickly diminished, and I was able to listen, learn and grow during my short week abroad.

We began preparing for our mission day by attending a training session where volunteers were able to practice fitting hearing aids and become comfortable with the tools used at the fitting site. As someone who grew up in a culture where personal space is a priority, the thought of getting so intimate with strangers made me feel anxious. Once I was able to become relaxed and trust the skills that I had learned during the informational session, I was able to feel prepared to work with patients. The local team who worked with the volunteers were patient, helpful and compassionate.

After I was educated on the correct way to fit a patient, I began to worry about the language barrier. I felt helpless because I was not able to speak in Spanish and worried that I wouldn't be able to help the patients of the Dominican Republic in a way that they needed. I would find the next day, however, that I had no reason to fear, because compassion and empathy are able to transcend language.



Victoria practices fitting a hearing aid during training onsite.

The team packed patient bags when they first arrived on site.

**SUNDAY, APRIL 22, 2018**

## Olivia

### Travel day.

Flying over the Caribbean was something that I had never seen before, and it was absolutely breathtaking. After we put our bags down in our hotel room and got dressed for dinner, we walked about five minutes through a beautiful courtyard with kids and adults laughing, smiling, playing on bikes and flying kites. It was such an amazing community. After dinner, we walked back to the hotel to help prepare the Starkey aftercare bags for the patients who we were going to see on Tuesday. The bags that we put together were little pouches with two pockets. One pocket was made for the patient to put his or her hearing aid in when they were not using it, and the other pocket had rice in it to absorb any moisture that could potentially affect the hearing aid. The pouches were so innovative, simple and easy for any patient to use!

# GLOBAL CITIZEN



Jordan met patients ranging in age from 5 to 70 and made a difference for each.

**TUESDAY, APRIL 24, 2018**

**Jordan**

**Mission Day 1.**

I could have never imagined how smoothly the Starkey Hearing Foundation's mission to the Dominican Republic would go with almost 500 patients arriving each day. The mission was held at a military base. Once we arrived, we were given a site tour and saw the area where the patients would check in, proceeded to an information station, stopped to see what work Henry performed with the otoscope, was able to see where the fitting stations were and saw how the patients completed their journey through the final phases. The entire process was very organized and everyone knew their parts.

Nothing could replicate the immaculate joy I saw on each patient's face when they could hear again or were hearing for the very first time. From the 70-year-old woman who got ear infections from playing in the river as a child, to the 5-year-old who heard the laughter of others for the first time. Each of their stories were truly unique.

**WEDNESDAY, APRIL 25, 2018**

**Olivia**

**Mission Day 2.**

We began our day by putting batteries into the hearing aids and began fitting our patients around 9:00 a.m. and today, my translator was Marisabel, a high school student from the Dominican Republic. We had so much fun together and had a seamless system in place! I had the opportunity to fit so many memorable patients that day.

I'll never forget a little boy named Roblin. When I turned Roblin's hearing aids on, his face lit up with his big, adorable smile. My heart was so full. After he finished at the final check stations, he came running back to me about two hours later with that same big smile. We clapped, danced, gave high fives and talked! I'll never forget this little one hearing sounds for the first time and having a part in changing his life!

“

**I had the opportunity to fit so many memorable patients that day.**



Olivia celebrating with her new friend Roblin.





Despite differences, Victoria impacted the lives of those she met because of Starkey.

**THURSDAY, APRIL 26, 2018**

## Victoria

### Final Mission Day.

After traveling by van two hours to Santiago, I met 10-year-old Brenda and her mother on our final day in the Dominican Republic. Brenda was just 5-years-old when she received her first hearing aid from Starkey and has been utilizing their resources ever since. Despite our cultural differences, I saw the love this mother and daughter had for each other. Brenda's mother informed me that she and her daughter are always together because she often acts as her interpreter. While there are many people who are supportive of her daughter, she explained how many people make her uncomfortable by talking poorly about those who have a hearing loss. One of the biggest challenges she expressed is that she becomes stressed when people can't understand her daughter, and it hurts her to know that her daughter can't express herself. Her biggest wish for her daughter is that she simply wants for her child to be comfortable at a mainstream school, and she believes that Starkey will give her that opportunity.

**FRIDAY, APRIL 27, 2018**

## Jordan

### Phase 3.

The Starkey Hearing Foundation Model has multiple phases that patients go through to ensure they are getting continuous, quality care. Phase 1 is Patient Identification where patients are screened, potential hearing aid candidates are identified, and ear impressions are taken to create custom earmolds. Phase 2 is the Hearing Mission, this is where we were involved. But, then there is Phase 3, the AfterCare Program. Ongoing services and additional care is provided free of charge by Starkey at a central location. These services include re-counseling, battery replacements and repairs. The AfterCare Program also identifies new hearing aid candidates for future Phase 1 operations.

William "Bill" Austin, Founder of the Starkey Hearing Foundation, once had to repair over 200 hearing aids from just two months of AfterCare in the Dominican Republic. Although that seems like a lot of repairs, that is a good thing. It means these hearing aids are being put to use and patients know where to go to get the AfterCare that they need.

The Starkey Hearing Foundation Model creates an impact that is sustainable and scalable, and there is much more that goes on behind-the-scenes year-round than what we see on site at a hearing mission. 💖

**Below: Bill and Tani Austin, Alpha-Miami (OH), are the Co-Founders of the Starkey Hearing Foundation and work hands-on with the volunteers in each community they serve.**

## HEART FOR HEARING

Delta Zeta collegiate members took part in the spring Heart for Hearing Contest, and now it's time for our alumnae to have their turn! We have the opportunity for up to four lucky members to join us at a Starkey Hearing Foundation mission next year. Find out all the details about the alumnae contest at [www.deltazeta.org/global-citizens/heart-for-hearing/](http://www.deltazeta.org/global-citizens/heart-for-hearing/).



**Feature Story**

When we  
help others,  
we in turn  
help ourselves.  
When that  
happens,  
everyone  
wins.

**By Jennifer Atkins**

Photos for The LAMP  
by Ryan McGuire,  
Digital Pix and Composites

ALONE WE STRUGGLE  
**TOGETHER WE**

**Fight!**



# Music.

It can make you laugh. It can make you cry. It can make you get up and dance like nobody is watching. And, if you're one of the lucky ones gifted with the ability to make music, it can be the center of your world. Such is the case for Alyssa Parma, Beta Kappa—Iowa State. A talented singer and songwriter, imagine her devastation when one day, not long ago, she learned she might never sing again.

**Building Support When Facing Adversity**

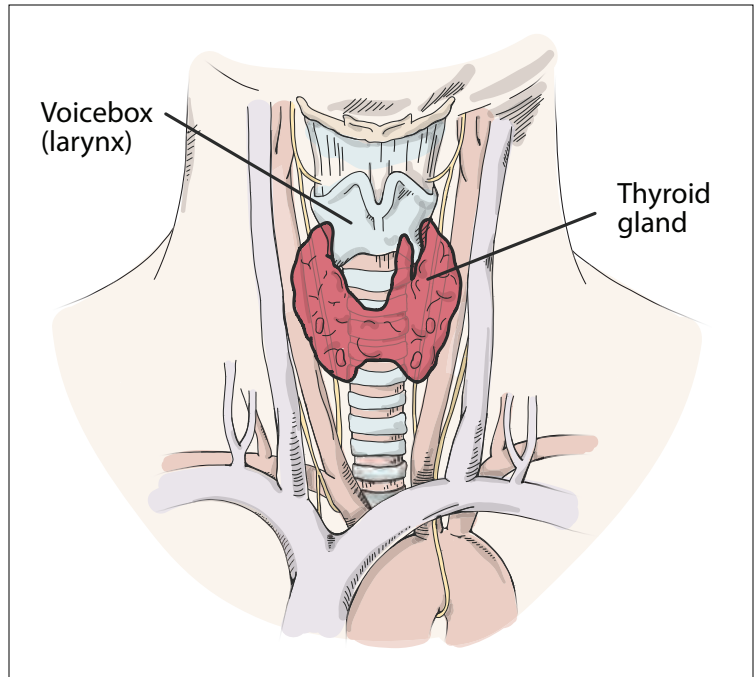
Alyssa's love of singing came shortly after her first steps as a baby. Her family has fond memories of her dancing in front of the mirror, making up the words to a sweet melody about her sister. They knew then and there, Alyssa was born to sing and perform. She spent her childhood entering singing competitions and pursuing her passion in and around her small town of Geneva, Illinois. Then, shortly after graduating high school, Alyssa went to the doctor for what she thought was a simple college-required physical. What she got was devastating news. Alyssa had thyroid cancer. With no history of cancer in her family, the news was a complete shock. The diagnosis alone was hard to accept, but the thought of having surgery, so close to her vocal cords, was devastating. As they met with doctors to discuss treatment, Alyssa knew surgery was inevitable. She also knew there was a very real chance she would never sing again.

As expected, Alyssa was scared and angry. What should have been an exciting time shopping for new décor for her dorm room was instead spent making hard decisions about her health. Then, just a few short weeks after her diagnosis, Alyssa realized she had a choice, and she was going to choose a positive attitude over pity. So she set about easing

**Alyssa realized she had a choice, and she was going to choose a positive attitude over pity.**

her loved ones' fears and worries by cracking jokes and pretending nothing was wrong. In the end, Alyssa helped herself, too. "Making them feel better about the situation made it easier on me, and I noticed that very early on. The positive attitude was almost more so for the people around me, but it made my life a lot easier."

Determined to not let cancer derail her plans to start college in the fall, Alyssa had surgery to remove the tumor right away. Her family and high school friends were there for her every step of the way. She sang



constantly before the surgery, desperate to use her voice as much as possible while she could. Thankfully, the surgery was a success. The fist-sized tumor and her entire thyroid were removed, and miraculously, her vocal cords were not damaged. With the surgery behind her, Alyssa said goodbye to her family and friends and headed off to Iowa State University. There she found a new source of support in Delta Zeta. The doctors warned her that she would not have the typical freshman year, but she was able to go through sorority recruitment as planned. Her sisters were understanding and supportive in every way. And all of the compassion they showed only helped pull her closer into the chapter.

**The thyroid tumor was located dangerously close to Alyssa's larynx and source of her passionate singing voice.**

**Dealing with Challenges and Change**

As the semesters rolled into one another, Alyssa found that it became increasingly difficult to juggle the post-surgery demands (doctor's visits, medications, radiation treatments, etc.) so far from home. These health concerns, in combination with her elementary education major, led her to make a tough decision – to transfer to Illinois State University.

Although it broke Alyssa's heart to leave Iowa State, she was welcomed with open arms by her new Lambda Rho sisters. "Illinois State Delta Zeta was amazing," she said. They were an immediate source of support.



Though the chapter experience was different than what she'd had at Iowa State, they were there for each other from the moment they reached out and invited Alyssa to join them.

Reflecting back on her challenging college experience, Alyssa learned a great deal and has some valuable advice for her younger sorority sisters. "Immerse yourself as much as possible. Because if you hold back and you put yourself on the back burner and don't throw yourself into situations and make yourself a little bit uncomfortable and do those experiences that you're not used to, you will not have the best possible time that you could. The relationships that you form are going to last you the rest of your life." She goes on to add, "Do it. And do it 110 percent. No matter what it is that the chapter is asking, do it 110 percent, because you won't regret it."

**"Immerse yourself as much as possible ... make yourself a little bit uncomfortable and do those experiences that you're not used to ..."**

That advice applies to anyone. For those with a more unique college experience like her own, she says, "If you're dealing with something, lean on your sisters. And don't be afraid to ask for help. That's why we joined, because we wanted that support system away from home." Just as her sisters were there for her, Alyssa has had the opportunity to be there for others. When a fellow sister was diagnosed with the same cancer she had recently battled, Alyssa was able to offer support from a unique perspective, one of experience.

#### **Paying it Forward and Supporting Others**

Alyssa's four years in college have largely shaped who she is today. Delta Zeta's philanthropic ideals and supportive community, coupled with her battle with cancer have produced a young lady determined to give back and make a difference in the lives of others. And she



does so in every facet of her life today — her career choice, her free time, and her music.

With her elementary education degree, Alyssa will be shaping young minds and positively influencing children each and every day. After graduating in December 2017, she spent the remainder of the school year covering for a teacher on maternity leave and is currently interviewing for a permanent position this fall.

The philanthropy Alyssa was introduced to through Delta Zeta has now become a passion for her. She spends countless hours assisting local charities, especially those related to childhood cancer — not surprising for an elementary school teacher who is a cancer survivor herself. And, she's played a large role in the life of one little boy in particular, who at just six years old was

**Top: Move in Day at Iowa State with her family's support. Above: Delta Zeta's Beta Kappa Chapter at Iowa State welcomed Alyssa as a new member in the fall of 2013.**



Alyssa has spread what she has learned about fighting adversity on to those special people in her life. She has connected and supported many, like her special friend (above) who was also fighting cancer.

battling cancer for the second time. Having just gone through cancer herself, Alyssa couldn't imagine living such a nightmare at his age. The two quickly bonded as Alyssa worked tirelessly to help him forget he was in a hospital room. She provided comfort, companionship and lots of smiles. She raised funds, brought care packages, visited often and offered support to his family. She even managed to score them tickets to local sporting events. And, in return, she gained a new friend who is thrilled to be out of the hospital and in remission. Alyssa credits her little buddy with teaching her compassion, empathy and patience. She also found a new source of strength in helping others as she

realized she had successfully transformed her tragedy into something positive for someone else.

Alyssa's music continues to be a prevalent part of her life. One of her biggest accomplishments to date is her song, "Fight." And here, too, she continues to help others. Alyssa wanted her song to be about more than just her own battle with cancer. She wanted it to also represent the battles of those around her. She created a video with friends, family and members of the community who were battling their own personal crusades against anxiety, depression, hearing loss, diabetes and stereotypes, to name a few. The response was overwhelming. "It was so cool to validate someone else's fight and to do it on such a large scale." Alyssa's ultimate goal was to let people know that, whatever they're fighting, they're not alone. And the song truly did just that. One individual reached out to Alyssa personally, admitting she was having suicidal thoughts. Upon hearing the song, she realized she wasn't alone, and it changed her whole perspective. "Fight" quite literally saved her life.

Alyssa continues to fight, each and every day. Although she is in remission and leading a normal, healthy life, she continues to battle the effects of her thyroid cancer with regular appointments and check ups to make sure the disease does not return. But she is lucky, and she recognizes that. She's using her beautiful voice as a voice for others. Because we are all fighting a battle of some sort, but none of us are alone. And, as she says in her song, "We're gonna knock 'em dead. We're gonna fight 'em all." And we're going to do it all together with the support of our friends, family and community. 💪

Jennifer Atkins is a freelance writer based in Connecticut who enjoys reading, writing and telling stories. An active member of her community, Jen is involved in local organizations devoted to finding a cure for, and supporting those fighting cancer.



Alyssa Parma is shown from the chest up, singing passionately into a silver microphone. She has long, wavy brown hair and is wearing a black spaghetti-strap top and large red tassel earrings. Her eyes are closed, and her mouth is open as if in the middle of a song. The background is dark with blurred blue and red lights, suggesting a stage or club setting.

#### WHERE TO LISTEN

## ALYSSA PARMA

Click over to Alyssa's YouTube channel and listen to her song "Fight," while you think about who helps you through the tough times?  
[www.youtube.com](http://www.youtube.com)  
Search: Alyssa Parma

Follow Alyssa's musical journey at [www.facebook.com/alyssaparmamusic](http://www.facebook.com/alyssaparmamusic) or search for Alyssa Parma on Spotify and iTunes.

## ROSE &amp; GREEN

# Surfing Sisters Stay Connected and Provide Support

By Tracy Kingsbury Bank,  
Omicron Pi-Frostburg State (MD)

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hat does it mean when a sister talks about “not just four years” in Delta Zeta? Staying connected means so much more than keeping up with how recruitment went this year at your collegiate chapter. It means support and friendship from women who you may have never had the opportunity to meet as an undergraduate, but find a connection with beyond physical location. With the Surfing Sisters Alumnae Chapter, if you can get online, you can get connected.

Founded in 1999, Surfing Sisters initially provided an online sisterhood listserv for those who didn’t live near a local alumnae chapter. As the years passed and sisters joined from around the world, a strong bond developed with those participating that still holds true to this day. Many members are original to the group and found their second Delta Zeta home in Surfing Sisters.

I’ve found my lifelong best friends in Surfing Sisters. They’ve been there for me in my 20s, through the birth of my child, the death of my parents, and now my daughter is graduating high school next year. She has DZ Aunties coming out of her ears! To have this support is wonderful, and I owe it to being a part of Surfing Sisters.

Surfing Sisters welcomes all Delta Zetas into their virtual “chapter house.” It doesn’t matter if you are already a member of an alumnae chapter — being a part of Surfing Sisters is an added benefit. Through daily

interactions online, you’ll find conversations about anything — from volunteering, dating and crafting tips. Surfing Sisters also celebrate each other’s life milestones — and everything in between.

Opportunities for sisterhood activities, volunteering and meeting up in real life are also found through the Surfing Sisters Alumnae Chapter. Most recently, our members met up for a dual “East Coast/West Coast” reunion in Seattle and Baltimore. There are informal meetups like our recent Cleveland gathering when sisters find themselves in the same town. Surfing Sisters also support collegiate chapters with alumnae/active pen pals, finals week goodie bags and recruitment support.

Who joins Surfing Sisters? Delta Zetas who want to stay connected, regardless of geographical distance to an alumnae chapter. Sisters like Babs Mohnkern, Beta Tau-Nebraska Wesleyan, who marks special occasions, like the birth of a sister’s child, with a beautiful handmade







blanket. Babs has made over 1,300 blankets over the years! And, sisters like Laura Hartz Stanton, Delta Tau–Temple (PA), who joined the chapter after graduation. She frequently travels for work and loves that there's always a sister to meet almost anywhere, allowing her to solidify online connections into true friendships.

Whether it's a few minutes on the lunch hour or midnight when one can't sleep, Surfing Sisters allows members to connect on their schedule and provides several opportunities to continue nurturing their relationship with sisters. 🌸

### **2018 Baltimore, Maryland Reunion (East Coast part of the dual reunion)**

Left to right: Peggy Hewing McCarty, Alpha Beta–Illinois; Tracy Kingsbury Bank, Omicron Pi–Frostburg State (MD); Megan Capuano, Xi Pi–Lehigh (PA); Laura Hartz Stanton, Delta Tau–Temple (PA); Mim Starr, Beta Theta–Bucknell (PA); Jen Capstraw, Epsilon Tau–Longwood (VA)

### **Washington, DC Officer Training**

Front left to right: Laura Hartz Stanton, Delta Tau–Temple (PA); Katie Isaac Franklin, Omicron Phi–Alfred (NY); Liz Baker, Iota–Iowa; Back from left to right: Angel Greer Hjarding, Omicron Mu–South Carolina/Upstate; Robin Bentley, Theta Theta–DePaul (IL); Elizabeth Hansen, Alpha Upsilon–Maine.

### **2018 Seattle, Washington Reunion (West Coast part of dual reunion)**

Left to right: Alicia Weaver Miner, Gamma Kappa–Kent (OH); Jennifer Cherry Bohannon, Xi Lambda–San Francisco; Tricia Whittouck Suncin, Xi Omicron–Loyola Marymount (CA); Donna Mezydlo Baldwin, Pi–Eureka (IL); Robbi Smith Kesler, Kappa–Washington (and her daughter Clara); Kristin Safi, Rho–Denver; Robin Bentley, Theta Theta–DePaul (IL); Elizabeth Hansen, Alpha Upsilon–Maine.

## **Ready to open the door to the virtual chapter house of Surfing Sisters and connect with more sisters?**

Get to know the Surfing Sisters with a 30-day membership and see what the chapter has to offer. For more information, go to [www.surfingsisters.com](http://www.surfingsisters.com), visit us on social media or contact me at [president@surfingsisters.com](mailto:president@surfingsisters.com).

## ROSE & GREEN



Patricia Fox (Beta Alpha-Rhode Island) lives life to the fullest.

### Living Life in Full Color

For those who live in and around Manhattan, you may be familiar with style-influencer, Purely Patricia. She is a regular in the Easter Parade on Fifth Avenue, parading her colorful style of wearable assemblage art each spring. Known to her Delta Zeta sisters as Patricia Fox (Beta Alpha-Rhode Island), this alumna is not your typical Golden Rose member. After a successful career as an interior decorator, and now at 69 years old, Purely Patricia is showing that age is just a number. "If you don't stay relevant, you get left behind," she says. In 2017, she was featured in Quaker Oats' national campaign for healthy eating and lifestyle. If you follow her on Instagram, you watch her complete workouts that people half her age have a hard time with. According to Patricia, "It's less expensive to stay healthy than to be sick."

Patricia definitely has her own style, and though some might not like it or understand, she says it is ok to be different. When she joined Delta Zeta at the University of Rhode Island in 1968, she was the only Jewish woman in the chapter. But, she felt welcomed by her sisters and says "They cared about me as a person, and I knew I could fit in."

Follow Purely Patricia on Instagram at @purelypatricia or find her on her website at [www.purelypatricia.com](http://www.purelypatricia.com).





## Leadership Recognized

Two Xi Chi Chapter members, Megan DeArmit and Tabitha Ishman, received Signature Leadership Awards from Robert Morris University. These awards are only given to three graduating seniors for their outstanding leadership ability. Both were active as members of the chapter's Executive Board. Megan served the chapter as Vice President of Programs while Tabitha was Vice President of Membership before serving as Chapter President.



## KAPPA TAU HQ VISIT

In October 2017, members from the Kappa Tau Chapter at Morehead State University set out to explore the Delta Zeta National Historical Museum and Headquarters. Sisters excitedly signed their names into the guest book and searched through the names of sisters that had visited previously. They were amazed by the astounding accomplishments displayed of our sisters across geography and time.

## Bowling to Send Kids to Camp

The Columbia Alumnae Chapter in South Carolina held their second annual Wonder Bowl, a charity bowling tournament, to raise money for Camp Wonder Hands, a local camp specifically for deaf and hard of hearing children. The cost to attend per camper is \$500, but the goal of Camp Wonder Hands is to provide the experience of camp at no cost to the families.

Thanks to teams, a silent auction, raffle, local businesses and individual donations, the Wonder Bowl raised over \$6,000 which will send 12 children to camp this summer!



## ROSE & GREEN



### Nicholls State Hall of Fame Inductees

Nicholls State University may be small, but it creates a foundation that makes its students unstoppable. To be inducted into the Nicholls Hall of Fame, students must be ranked in

the top one percent of their graduating class based on GPA and involvement. This year, six of the 17 inductees were Kappa Alpha Chapter members. Holly Bourgeois, Amber Burton, Taylor Kimball, Megan Labat, Kaitlyn Mistretta and Sydney Richardelle were all honored at a ceremony this past spring. Holly Bourgeois said, "To have a sisterly bond that encourages you to be passionate about doing more and making an impact in the community has given me the motivation to strive for excellence upon graduation."

### From Small Town Oklahoma to Performing at the Smithsonian

Natalie Walker, a ballet dancer from the Delta Phi Chapter at Northeastern State University in Tahlequah, Oklahoma, found herself with the performance of a lifetime in Washington, D.C. this spring.

Natalie began dancing when she was 8 years old and immediately fell in love. In February of 2018, Natalie was offered the opportunity to travel with 11 other dancers to perform a ballet called "The Four Moons" at the Smithsonian Museum of the American Indians. The Four Moons Ballet is a tribute to America's five great Indian ballerinas from four tribes: Maria and Marjorie Tallchief (Osage), Rosella Hightower (Choctaw), Moscelyne Larkin (Shawnee) and Yvonne Chouteau (Cherokee). Natalie danced the role of Yvonne Chouteau. She said, "I felt very connected to this role because I myself am from the Cherokee Nation Tribe."



### PHILANTHROPIC SERVICE TO CAMPUS HONORED

The Iowa State University Foundation honored Dick and Sandy Hart Horton, Beta Kappa-Iowa State, with the Order of the Knoll Faculty and Staff Award.

For more than 50 years, the Hortons have supported and promoted Iowa State University, and their philanthropic efforts impact many corners of the university—from the athletics department to Greek life. For the past few years, Dick played a highly influential role in the fundraising efforts for the national historical renovation of the Theta Delta Chi Fraternity house, and Sandy is a Past National Officer for Delta Zeta, having served on the National Council as a National Director from 1973-1975 and remains active as the Ritual Advisor for the Beta Kappa Chapter. She received her bachelor's degree in child development from Iowa State, and retired as vice president of D&D Digital Systems, a custom computer software company she and Dick founded.





Left to right, 2018 Baldwin Wallace University Alumni Merit Award winners, Margaret Bade Mason, (Gamma Alpha), '59, Nicole M. Bell Mitchell '04, Dr. David O. Norris '61, Helen Rathburn '66 and Tom Rathburn '66.

## Member Honored with University Alumni Merit Award

Margaret Bade Mason, Gamma Alpha-Baldwin Wallace (OH), was one of five 2018 Alumni Merit Award honorees given by the Baldwin Wallace Alumni Association. The award recognizes achievements and service to profession, community and alma mater.

A 1959 health and physical education graduate, Margaret went on to an impactful teaching career in Cleveland's western suburbs and also served in the Case Western Reserve University (CWRU) Athletic Club office. In addition to joining Delta Zeta while at BW, she also played basketball, earning induction into the BW Athletic Hall of Fame in 1998.

Margaret's generous volunteerism extends beyond campus to many other area organizations. Among them are College Club West, Alpha Delta Kappa, Lakewood Hospital, Great Lakes Theater Women's Committee, Gallery Group Inc., the Robert Page Singers, Rocky River Junior Women's Club, Boy Scouts, Beck Center and the Eliza Jennings Retirement Home. For 37 years, she has been the official scorekeeper for Cleveland State University's basketball teams.

As a proud alumna, Margaret has served BW as a class representative for almost 60 years as well as a vice president and longtime active member of the BW Women's Club, raising scholarship funds for female BW students.



## Fulbright Scholars in Spain

*Emma Jacobs and Katie Maurer, Beta Gamma Chapter members from the University of Louisville, both received Fulbright Scholarships to be English Teaching Assistants in Galicia, Spain for the upcoming year.*

*Katie shared the following via the chapter's Facebook page about the experience:*

"We will be given the wonderful opportunity of serving as cultural ambassadors to represent the United States in the classroom setting, and assisting in English language learning. To complete the Fulbright Scholarship, we must also implement a side project while in Spain. Emma's is to create a STEM club for female students at the school she will be teaching in, with the goal of fostering an interest in the sciences. Mine is to implement a drama club so that Spanish students can interact and engage with English in a more interactive way. Emma plans to translate her experiences from Fulbright into her future as a physician. In fall 2019, she will be attending medical school. I hope to become a Spanish and/or English as a Second Language teacher upon my return to the United States, so there is no doubt that what I learn during our time in Spain will be extremely useful to my future career."

## ROSE & GREEN



### Alabama Artist's Work Displayed on Campus

A Delta Zeta collegiate member is responsible for a new sculpture in the Woods Quad Sculpture Garden on the University of Alabama campus. *Möbius and Borromean Rings* was designed and created in steel by marketing major and studio art minor Paget Kern, Alpha Gamma–Alabama, as a part of a collaborative project with students in the departments of Math and Art and Art History. She linked two complex mathematical ideas together in a massive sculptural example. Paget explained that the design is “a triple Möbius strip tied together in a Borromean knot.”







## Broadway Lights Shine

Breaking onto Broadway has never been easy — but it's an even tougher and bigger business than ever before. So, alumnae Cynthia Rose, Epsilon Zeta-Drexel (PA), has teamed up with Broadway star, Betsy Wolfe from the Tony nominated musical "Waitress," to help would-be stars make it on the toughest of stages. They've created BroadwayEvolved, a summer intensive with a selective, in-depth training program for aspiring actors and educators, both created and taught by elite industry professionals. For more than 10 years, Cynthia has specialized in student leadership, community building and student involvement. She currently serves as the Associate Director of Student Life at New York University. Within her role, she works with students to advance their leadership potential and find success at NYU and beyond. Cynthia brings her leadership development background to Broadway with this new venture. Part summer camp and part professional development course, BroadwayEvolved sold out its first summer intensive in August 2018.

Learn more about BroadwayEvolved at [www.broadwayevolved.com](http://www.broadwayevolved.com).

WALK TRULY



## Delta Zeta Diamond Shines Bright

April 28, 2018 was a banner day for Alice Marie Evanick (Ame) Stahl, Gamma Alpha-Baldwin Wallace (OH). Not only was she celebrating her 95th birthday, but she was honored with the Order of the Diamond for 75 years of membership in Delta Zeta.

Joan Dondrea Lowry, Gamma Alpha-Baldwin Wallace (OH), Hallie Moser Capper, Alpha-Miami (OH), Carol Nease Stomieroski, Epsilon Iota-Fairmont State (WV), and Jan Schaffer Alderman, Gamma Tau-Bowling Green State (OH), joined family and friends for the celebration. Joan interviewed Ame about her time in college as a DZ. It was interesting to hear how Ame made dinner for six on a \$1.46 budget. Hallie presented the Order of Diamond certificate along with pink roses and babies breathe on behalf of Delta Zeta. Ame thanked all, especially Carol and Jan who drove her to meetings which she greatly appreciated.

Ame had lived in Ohio for her first 94½ years. In January 2018, she moved to Murfreesboro, Tennessee to live with her oldest daughter. Ame's younger daughter and her husband live next door. Ame is looking forward to being involved with the Nashville Alumnae Chapter.

Above: Jan Schaffer Alderman, Gamma Tau-Bowling Green State (OH), Carol Nease Stomieroski, Epsilon Iota-Fairmont State (WV), Joan Dondrea Lowry, Gamma Alpha-Baldwin Wallace (OH), and Hallie Moser Capper, Alpha-Miami (OH), with (seated) Ame Evanick Stahl, Gamma Alpha-Baldwin Wallace (OH), receiving her Order of the Diamond.

## ROSE & GREEN

STEADFAST LOVE



### Building Relationships through Service

By Victoria Ketcham,  
Delta Tau-Temple (PA)

Sienna McGinnis, Delta Tau-Temple (PA), became inspired to volunteer at The Painted Turtle through the support of her sisters and now shares her experience, as a way to encourage other Delta Zeta's to get involved.

Sienna had always loved the idea of becoming closer to her Delta Zeta sisters through volunteerism and service work. Though she had known about The Painted Turtle as a freshman, it wasn't until her sophomore year that she became interested in volunteering at camp.

"I was interested in volunteering at The Painted Turtle initially because I wanted to understand why it was important to my organization. I had always been a summer camp counselor at a sports camp back in my hometown, but never traveled to an overnight summer camp." Sienna and four other Delta Tau Chapter sisters decided to apply for a weeklong stay at the Southern California camp.

The camp created meaningful connections for Sienna both with her sisters and with fellow volunteers and gave her

a relationship with Delta Zeta's National Service Project on a level that she could have never anticipated. So much so that she returned the next summer.

The Painted Turtle creates an environment where joviality and creativity were immeasurable. While the main focus of the camp is to provide campers with an extraordinary week

filled with friendships and freedom, it also gives counselors a momentous week of self-actualization. Every visitor concludes his or her stay at camp as a transformed individual. Campers and counselors alike come out of their shells and are welcomed into a community of enthusiastic and compassionate support.

The relationships and memories made during this week will last Sienna a lifetime. She reflected fondly on her time as a counselor and the relationships that she built through this experience.

"Saying goodbye to my campers both years was extraordinarily difficult, but getting to see our impact on the campers as well as their parents' emotions with us was incredible. I loved being able to meet my campers' parents and talk to them about how their children reacted to camp and the week with us. I still keep in touch with all of my cabin counselors from both years."

Sienna has grown immensely from this experience. The camp has even changed her outlook on life post-graduation.

"The Painted Turtle definitely influenced my plans after graduation. I am excited to serve others and to try new things. I am taking a road trip across the country when I graduate, and I definitely want to come back to The Painted Turtle in the near future. I am definitely not done giving back to camp."



### THREE-PEAT IN WEST VIRGINIA

For the third year in a row, the Kappa Mu Chapter was named Chapter of the Year by Shepherd University's Office of Fraternity and Sorority Life, demonstrating outstanding philanthropic and service efforts, as well as exceptional academics. Since 2017, the chapter has volunteered 4,073.5 service hours and donated \$9,253.94 to charities while keeping an average chapter GPA of over a 3.13.



## Connecting in Texas

If you are anything like Jennifer Phillips, Zeta Psi–Stephen F. Austin (TX), when you move to a new city for a new job, you try to find a few connections to make a new place feel a bit more like home. Little did she know, she'd find quite a few Delta Zeta connections when she moved to Brenham, Texas. The Washington County Chamber hosts a "Connect After 5" Networking event every month. Jennifer says, "I didn't really know a lot of people, so I started attending them." She happened to meet Page Colby Michel, Theta Iota–Western Carolina (NC), the Chamber President, and started talking about college and sororities one night. "And we both said, 'I'm a Delta Zeta' at the same time. We immediately laughed and said, "I knew there was something I liked about you!" A few years later, a position came open at the Chamber/CVB, and Page contacted me to see if I was interested." The Convention and Visitors Bureau is a part of the Washington County Chamber of Commerce where Texas signed its declaration of independence from Mexico in 1836 and "Where Texas Became Texas." Jennifer says, "The most fun about working here is the people—everyone is always in a good mood since most of them are on vacation! Because we're located halfway between Houston and Austin, we get a lot more international visitors than I would've ever expected." Then a few weeks after starting in her new role with the Chamber, Jennifer discovered that Jeanine Dupree Presswood, Delta Theta–Houston (TX), a part-time weekend worker, is also a Delta Zeta. It turns out that it really is a small world, and sisterhood lasts a lifetime!

Pictured left to right is: Page Colby Michel, Theta Iota–Western Carolina (NC), Jeanine Dupree Presswood, Delta Theta–Houston (TX), Jennifer Phillips, Zeta Psi–Stephen F. Austin State (TX)



## Doctoral Student Honored for her Advancement of Women



**Dalisha Herring, Alpha Gamma–Alabama, a doctoral student in Personal Financial Planning, was honored as the Tribute to**

**Women Graduate Student Honoree by the University of Missouri Chancellor's Committee on the Status of Women. The Tribute to Women honorees are those who have worked above and beyond the expectations of their job responsibilities to help create an environment of equity, fairness and justice for women on the MU campus, including students, faculty and staff; and demonstrated respect for the diversity of women's experiences; and helped promote the advancement of women through education, advocacy, support and activism. One of Dalisha's nominators, Dr. Amy Lannin, Director of MU's Campus Writing Program, shared, "Promotion of the advancement of women in higher education has been part of Dalisha's experiences as a doctoral student, an instructor and in her countless interactions with potential and current college students."**

## ROSE & GREEN

WALK TRULY



### Running Even In the Worst Conditions

The Iota Theta Chapter at Mansfield University recently held their first color run to benefit Delta Zeta's national philanthropy. Weather in Pennsylvania can be tricky in the spring, and unfortunately Mother Nature was not on their side on the day of the event with a high of only 30 degrees. With a low turnout, they made the best of the day, working with brothers from the Alpha Kappa Lambda Fraternity to still host the event. In addition to the run on campus, the chapter also offered a virtual run option for those that wanted to participate, but couldn't make it to the event. Alumnae signed up and sent in videos as they completed the run on the treadmill at home.

**Iota Theta Chapter at Mansfield University hosts color run to support philanthropy.**





Alpha Theta Chapter from the University of Kentucky.

## Dip, Dodge, Dive and Duck for a Good Cause

The Alpha Theta Chapter's 2nd annual spring philanthropy event, DZ Dodge Tournament, where teams will dip, dodge, dive, duck and dodge their way to victory, was held at the University of Kentucky. The proceeds from the tournament helped benefit both national and local speech and hearing philanthropies, Starkey Hearing Foundation and Lexington Hearing and Speech Center. Lexington Hearing and Speech Center is a school where children having difficult with hearing and speech can get the specialized care they need to get the most out of their education. This year, the chapter had the honor to host some of the children from LHS/Kentucky Hands and Voice. These children were able to come out and watch the event, play carnival games and also participate in a dodgeball game with the members of the chapter before the championship. The chapter was able to raise and donate over \$2,800 to various philanthropies. This was such a fun event and an amazing way to help support Delta Zeta's national philanthropy.



## Program of the Year Awarded to Chapter

The Alpha Rho Chapter finished first place for Ohio Wesleyan University's Golden Bishop Program of the Year award. The criteria suggests that the winning program "demonstrate ingenuity and creativity and provide a significant contribution to the Ohio Wesleyan community." The chapter's Turtle Trot & Fall Festival fulfilled this criteria by better connecting OWU and the Greek community to Delaware, Ohio through its sponsorship program and through its public outreach for the event.

The event was a race around Ohio Wesleyan's campus with a fall festival at the finish line with food, games and raffle baskets. The event raised over \$1,900 for the Starkey Hearing Foundation. Chapter members raised money through Heart for Hearing pages and increased awareness by passing out flyers in the community and talking to business owners about sponsorship and donations.

## ROSE & GREEN



### Sisterhood Exemplified and Recognized

As a chapter, Lambda Kappa at the University of Alabama/Huntsville (pictured above), made shirts with everyone's names on them while writing sweet encouraging messages, or even hilarious inside jokes. This event flourished the bond of sisterhood while uplifting their spirits in the midst of midterms. Their chapter was honored at their Greek Banquet with six awards: the Panhellenic Pearl Cup, Most Outstanding College Panhellenic Council Woman of the Year, Excellence in Academics, 2nd place Greek Olympics, Community service award from Panhellenic Council, and BlueTube Champion.

### Alumnae delivers TEDx Talk on Multigenerational Workforce

Leah Skovran Georges', Theta Eta-Creighton (NE), research—the multigenerational workforce—sheds light on a first in America's history: four generations interacting in a workplace, with the Gen Z group coming soon. In a recent TEDx talk at Creighton University, she presented on generational perspectives, millennial leadership and the power of followership locally and nationally. As an assistant professor in the Graduate School at Creighton University, Leah advises students in research methods and dissertation design in the Interdisciplinary EdD Program in Leadership. Watch her talk here <https://bit.ly/2M9jm1R>.





## Zeta Phi Rising Stars

At Slippery Rock University, the Rising Star Award is given to students that influence positive change and inspire peers, faculty and professional staff, while effectively delegating, communicating and empowering an organization's members. These students balance academic life with leadership opportunities and stand out within the organization. Zeta Phi members Halley Alexander and Julia Aloisi both received this award this year.

Halley Alexander is an Early Childhood and Special Education major. She is a peer mentor through the First-Year leader scholar program. Halley also recently was inducted into Order of Omega. As well as Delta Zeta, she is part of Early Childhood club and Autism Speaks. She is the Zeta Phi Chapter Historian.

Julia Aloisi is a dual major in Integrated Marketing Communication and Philanthropy and Nonprofit Management. She is involved in the Student Nonprofit Alliance, Lambda Sigma and Lambda Pi Eta on campus. She has recently traveled with Slippery Rock University to St. Lucia on a Care Break trip.



### WELCOMING NEW SISTERS IN DIFFERENT WAYS

This spring semester, the Beta Delta Chapter at the University of South Carolina welcomed nine women to our sisterhood. While this new member class was much smaller than what they usually take during formal Panhellenic recruitment every fall, the Vice President of New Member Education, Ansley Hagenburger, and her team worked tirelessly to give these women the welcoming experience that all new members receive. Highlights included getting to know each other and older sisters through weekly meetings, being paired with different "buddies" each week, getting big sisters, and taking a weekend retreat to Charleston in February.



### Workshops Connecting Alumnae and Collegians

The Grand Rapids Alumnae Chapter of Delta Zeta participated with Zeta Nu Chapter at Ferris State University (MI) during their interview workshop. Collegians, Kylie Kirkpatrick and Katie Nimtz, LAMP Editor, presented interview tips, taught the STAR Interview Technique and arranged for professional headshot photos to be taken of the sisters. Zeta Nu alumnae and Grand Rapids members Madison Herbart, Jenelle Foxworthy Baker and Carissa Hutchinson spoke about their careers, discussed corporate lessons-learned, and hosted mock interviews. At the end of the workshop, the alumnae gifted the raffle-winning sister with a \$50 gift card to Maurices for professional attire. 💖



Right: Annabelle during her newborn hearing screening.

Left: Annabelle was bilaterally implanted with cochlear implants at 10 months of age.







# Coming Full Circle

Sister Support Helps Navigate a Mother's Challenge

By Megan Freeman Goodbar,  
Lambda Sigma-Winthrop (SC)

It's time to go! Dinner's ready! I love you so much!" After five years of being a mom, I'd said phrases like these countless times, without thinking twice about it. Providing direction to my children, showering them with loving encouragement, spending hours reading books aloud to them and just talking about their day. I'd never really thought about how important spoken language was in our everyday life or considered what a world without sound would be like. That all changed in December of 2015 when my husband and I stood in the hospital NICU as a nurse explained to us that our daughter Annabelle had not passed her newborn hearing screening.

Annabelle had been measuring much smaller than my boys did in utero, but I'd had an otherwise seemingly normal pregnancy. Two days before Christmas, at 35 weeks gestation, the doctors decided that because of decreased fetal movement, they needed to deliver her immediately, and we met our precious girl that evening. Within her first week of life, Annabelle was diagnosed with congenital cytomegalovirus or cCMV for short. Neither of us had ever heard of this virus, and to be honest it didn't seem like much of the hospital staff had either. We were handed printouts that described what kind of damage this virus can do to a fetus, some of which we already knew affected Annabelle. She had calcifications in her brain, low platelets, petechial rash and jaundice. As if that wasn't enough to terrify a parent, we were told that cCMV can cause hearing loss, vision loss and



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**Would she never  
hear us tell her  
we loved her?  
Would she never  
be in the ballet  
class that I always  
dreamed of for  
my daughter?**

developmental delays. I remember sitting in a daze wondering what challenges this tiny girl had ahead of her.

We were in utter disbelief that Annabelle might not be able to hear. This was so much different than what we'd experienced with our older children. Would she never hear us tell her we loved her? Would she never be in the ballet class that I always dreamed of for my daughter?

Annabelle did not pass her third newborn hearing screening in the NICU and was officially diagnosed with profound hearing loss at one month of age after a sleep deprived Auditory Brainstem Response test (ABR). It was in that moment that we fully realized she would never naturally hear us call her, tell her we loved her, sing her lullabies, and we knew that life for Annabelle would be much different than for her brothers.

Those were some incredibly difficult days and sometimes I wonder how we made it through. I know for a fact that I couldn't have done it without my sisters. When I became a Delta Zeta 17 years ago, there was no way that I could fathom the profound impact that it would have on my life. We've been there for each other through what seems like everything: graduations, weddings, birthdays, new jobs, loss and babies (lots of babies!). They supported

**Above: Megan and her Delta Zeta sisters from Lambda Sigma-Winthrop just two years after graduation in 2004. Above Left: Megan and her chapter sisters when she was pregnant with Annabelle 2015.**



me, and continue to support me, through this season of life. It was a DZ sister that took me to the doctor when I realized that Annabelle hadn't been moving much. It was DZs that checked on me in the hospital and brought us food for weeks after we got home. When the NICU visitor hours were over, they sat with me at home and kept me company. They watched my boys for me when I just needed a break. They laughed with me. They cried with me. They encouraged me. They truly are family.

Annabelle was bilaterally implanted with cochlear implants at 10 months of age and heard her very first sound at 11 months old. Now, at two years old, my sweet girl can hear me when I tell her it's time to go, that her dinner is ready, and most importantly, that I love her oh so much!

I am a part of our local HITCH-UP (Hearing Impaired Children Have Unlimited Potential) group, sit on the Advisory Board and manage the social media account for The Children's Cochlear Implant Center at UNC Chapel Hill, am a member of the Content and Marketing committee for The National CMV Foundation, and am a Cochlear volunteer. The past two years, my involvement in the deaf and hard of hearing community has really brought my membership in Delta Zeta full circle. While I was in college, we were incredibly passionate about our national speech and hearing philanthropy, but I never in my wildest dreams imagined that I would have a deaf child. There are families and children in each of our communities that can use our help. Whether it is babysitting so that hard working special needs parents can get some time away, hosting a book drive for families that read 10 books a day to their children (that's 70 books a week!) or raising awareness about a virus that is the leading cause of non-genetic childhood hearing loss; we can make a difference. 🔥

—  
To find out more about Congenital CMV, visit The National CMV Foundation.



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**While I was in college, we were incredibly passionate about our national speech and hearing philanthropy, but I never in my wildest dreams imagined that I would have a deaf child.**

## HOME

# Making a House a Home In Alabama

By Kayla Ray, Theta Psi – Ashland (OH),  
Communications Coordinator



**T**his fall, as members of the Alpha Gamma Chapter at the University of Alabama return to campus and move in at 900 Magnolia Drive, they will be welcomed to a beautiful new house which they will begin to make home.

As the chapter grew in membership, they needed a new home that could comfortably seat its members for chapter meetings, host formal dinners and other chapter activities. The chapter had outgrown their previous house, and it could no longer accommodate the needs of the members.

As a property that is a part of the National Housing Corporation, the project took into account the needs of Delta Zeta on the Alabama campus for decades to come. Architect Les Cole of Cole and Cole in Montgomery, Alabama, and Interior Designer David Williams of Kemp Interiors in Columbia, South Carolina, worked together and designed a space that is in keeping with the beautiful manor houses typically seen in the region. "Delta Zeta's National Housing Corporation works with amazing professional partners like Les and David," said National Housing Corporation President, Michelle Albrecht Smith, Alpha Chi – California/Los Angeles. "The Alpha Gamma house is a beautiful and functional representation of Delta Zeta, and we are so pleased with the home our members are returning to this fall."

△ **The six stunning columns in the front of the house symbolize Delta Zeta's six Founders who set the trail blazing for generations of members after them.**

Along with the signature rocking chairs on the front porch, the house is equipped with a dining room that seats nearly 200, six dedicated study rooms, office spaces and a board room that includes a dry-erase wall which is perfect for meetings. The chapter room, which doubles as a tornado shelter, can comfortably hold almost 400 chairs (which each have a lamp design on the back). A unique feature of this house is the t-shirt station for storage and distribution of the many t-shirts that are a big part of campus life at Alabama. This space has been decorated with framed t-shirts donated by alumnae from as far back as

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**We have worked very hard to create a physical space that fosters our members' ability to connect with each other.**





**The fireplace mantel in the library is from the original Alpha Gamma house built in 1925**



**The t-shirt station for storage and distribution of the many t-shirts that are a big part of campus life at Alabama**



1962. The main attraction that truly sets this house apart is the Presentation Practice Room, a room outfitted with video-conferencing equipment for member presentation practice and for holding virtual meetings and webinars.

The house has little touches of their rich chapter history to complement the functional spaces. The six stunning columns in the front of the house symbolize Delta Zeta's six Founders who set the trail blazing for generations of members after them. The fireplace mantel in the library is from the original Alpha Gamma house built in 1925, and the Flame Eternal Wall is surrounded by brick salvaged from the 1961 house.

"Every house at Alabama is beautiful — no question. So even though the setting is fabulous, in the end, it's not about the house. It's about who lives there, shares meals and studies there, laughs and cries and works and

plays there, and what they come to mean to one another. We have worked very hard to create a physical space that fosters our members' ability to connect with each other," said Virginia Gilbert Loftin, Alpha Gamma–Alabama, Foundation Trustee and Building Committee Co-Chairman.

Alpha Gamma Chapter President Shelby Serad says "The Alpha Gamma Chapter cannot thank its gracious donors enough for their contributions to their new home, as well as those who have followed along with the journey. We are also thankful to the architects, designers and crew for making our dream come true. The chapter has been inspired by the hard work, dedication and leadership of all of the volunteers, especially Bama DZ alumna Virginia Gilbert Loftin, during the whole process." 🔥

# FLAME ETERNAL

Obituaries reported from March 2, 2018 to June 30, 2018.  
Year of Initiation shown after name.

## ALPHA

Jane Coburn  
Mercer, 1939  
Barbara Merrick  
Graeff, 1946  
Gloria Ewolski  
McDonald, 1957

## DELTA

Dorothy Holmes  
Pine, 1943

## EPSILON

Elizabeth  
Ann Harvey  
Quaintance, 1945  
Marjorie Ray  
Schwier, 1947  
Shirley Spear Eads,  
1954

## THETA

Sandra Krotzer  
Golden, 1957  
Peggy Siegrist  
Miller, 1962

## IOTA

Patricia Ellingson  
Finch, 1955

## KAPPA

Isabel Frater Burch,  
1941  
Patricia O'Bill  
LaLand, 1948  
Aida Kouyoumjian,  
1956

## MU

Yvonne Holt  
Falasco, 1946  
Dawn Whipple  
Williams, 1947

## XI

Margaret Mosehart  
Knapp, 1953

## PI

Marilyn Bratt  
Brummet, 1947  
Judith Charpie  
Chipman, 1959

## SIGMA

Norma Pierce  
Dupont, 1944  
Margaret Gates  
Wolf, 1944

## TAU

Ione Gross Nelson,  
1947

## PHI

Frances Rea  
Schwerin, 1940

## CHI

Juanita Brabham  
Syron, 1956

## PSI

Madonna Call  
Brunson, 1945  
Elizabeth Bales  
Templeton, 1957  
Barbara Falter  
Wooldridge, 1958

## OMEGA

Carolyn  
Zimmerman  
Shonk, 1963

## ALPHA ALPHA

Nancy Ann  
Obenchain, 1951  
Mary Ellen Cook  
Nopper, 1960  
Susan Jessup  
Svihlik, 1966

## ALPHA BETA

Dorothy Swanson  
Riehle, 1964

## ALPHA GAMMA

Martha Cargile  
Goodson, 1950  
Betty Harden Shaw,  
1950

## ALPHA DELTA

Shirley Mason  
Stuntz, 1943  
Dorothy Eggeling  
Rasmussen, 1944

## ALPHA EPSILON

Sharon Shanks  
Gammill, 1954  
Marion Igleheart  
McKinney, 1955

## ALPHA ETA

Patricia Williamson  
Riley, 1950

## ALPHA THETA

Ernestine Fish Reis,  
1941

## ALPHA SIGMA

Shirley Hurlbert  
Emery, 1950  
Jamie Summers  
Howard, 1990

## ALPHA TAU

Velma Hilliard Ross,  
1948  
Marilou Lynch Gary,  
1952

## ALPHA UPSILON

Susan Robinson  
Vowles, 1976

## ALPHA PSI

Eleanor Powell  
Knight, 1933

## BETA ALPHA

Lorraine Kenney  
Seaton, 1944  
Patricia Grant  
Stevenson, 1946

## BETA GAMMA

Virginia Myers  
Riedling, 1954  
Kathleen Daly  
Osterman, 1965  
Sheeran Howard  
King, 1967

## BETA DELTA

Caroline Bradham  
Graham, 1948

## BETA THETA

Beryl Dulany Lusby,  
1942  
Elizabeth Walter  
McMullen, 1942  
Ruth Bolton  
McRoberts, 1942  
Blanche Foley  
Merlo, 1943  
Mary Griffiths  
Shano, 1943  
Lois Kutz Schlacks,  
1943  
Ann Donaldson  
White, 1944  
Susan Maffei  
Begliomini, 1945  
Louise Caroline  
Horn, 1945  
Jean Stone  
Norman, 1945  
Pauline Wright  
McCoskey, 1946  
Jeanne Spong  
Akerhielm, 1947  
Dorothea Kayhart  
Ax, 1947  
Rosamond Rollins,  
1947  
June Ruhl Camac,  
1948

Alice Kerchner  
Jones, 1948  
Janice Cupp  
Wilcox, 1948  
Barbara Tredennick  
Bretz, 1949  
Doris Worstall  
Button, 1950  
Louann Cupp  
Geiger, 1951  
Virginia Martin  
Kelly, 1951  
Eleanor Bender  
Ludwigs, 1951  
Ann Kreuzer  
Skidmore, 1951  
Anna Caul Kirk,  
1953  
Lynda Nicholson,  
1953  
Susanne McMickle  
Harman, 1956  
Nancy Mosher  
Wiesner, 1956  
Carole Holton  
McGee, 1961  
Mary Louise Lilius,  
1962  
Linda Donaldson  
Vardy, 1962

Virginia Edith  
Kinney, 1966  
Lynn Brown  
Allahand, 1968  
Barbara Richer  
Vidal, 1968  
Linda Christensen  
Appleby, 1974

## BETA KAPPA

Vivian Lillie  
Errickson, 1955  
Jacqueline Norman  
Heinrich, 1956  
Sharon Ellerhoff  
Hazen, 1959

## BETA LAMBDA

Kathleen Watson  
Butcher, 1967

## BETA MU

Connie Newlon  
Cason, 1944

## BETA NU

Virginia French  
Easterlin  
Norwood, 1949

## BETA XI

Lassie Jo Rounds  
Simms, 1945

## BETA PI

Patricia Sanford  
Brown, 1950  
Eunice Morgan  
Myers, 1954

## BETA RHO

Marjory Stanley Lill,  
1945

## BETA SIGMA

Donna  
Haussermann  
Grimm, 1950

## BETA UPSILON

Sibyl McGee White,  
1943  
Janet Abadie  
Diamond, 1946

## BETA PSI

Mary Croghan  
Ramsay, 1941  
Dorothy Moorser  
Rigsby, 1942

## GAMMA ALPHA

Jane Mercure  
Chambers, 1944

## GAMMA DELTA

Kathleen Sullivan  
Sweet, 1952  
India Gray Vale,  
1955

## GAMMA EPSILON

Diane Reese  
Petitpas, 1953  
Darlene Sundell  
Bahls, 1957

## GAMMA THETA

Frances Melcher  
Hybert, 1951

## GAMMA IOTA

Martha Carolyn  
Ervin, 1963

## GAMMA KAPPA

Elaine Zimmer  
Rudd, 1960

## GAMMA LAMBDA

Dolores Barsotti  
Wright, 1950  
Linda Maher Moilan,  
1968

## GAMMA XI

Jane Little  
Stephens, 1953  
Sally Sarabia  
Trevisan, 1954  
Glenda Satterfield  
Hall, 1960

## GAMMA OMICRON

Carol Hannah Imlay,  
1951  
Joan Louise  
McCollom, 1953

## GAMMA RHO

Gale Mick Berg,  
1976

## GAMMA TAU

Carol Bay Hensley,  
1959

## GAMMA PSI

Dorothy Bennett  
Brenner, 1953

## DELTA BETA

Jeraldine Bledsoe  
Briant, 1959

## DELTA NU

Nancie Fawcett  
Deslam, 1968

## DELTA PI

Kay Thorne  
Sullivan, 1956  
Frances Lutz Bean,  
1957  
Paula Stucky Stein,  
1958

## DELTA PSI

Natalie Stockwell  
Schafer, 1957  
Dixie Jean Piver,  
1966  
Adelaide McCabe  
Tolleson, 1966

## EPSILON BETA

Pamela Lee Wilson,  
1972

## EPSILON ZETA

Renee Siso Kargen,  
1966  
Donna Benner  
Braunlinger, 1982

## EPSILON NU

Trisha Rene Hurst,  
1990

## EPSILON PI

Patsy Curtis Lee,  
1957

## EPSILON PHI

Nancy Hill Litwin,  
1968

## ZETA ZETA

Janice Hobdy  
Arnold, 1964

## ZETA THETA

Judi Kos Albrecht,  
1964  
Pidd Cortemeglia,  
1967

## ZETA KAPPA

Jan Nolan  
Winkleman, 1976

## THETA ALPHA

Jane Flesher  
Humke, 1962

## THETA BETA

Martha Jean Gilmer  
Simmons, 1962

## THETA GAMMA

Christine Marie  
Loeber, 1990

## THETA IOTA

Carolyn Greene  
Pruett, 1965

## THETA CHI

Maria Rhodes  
McCarthy, 1965

## IOTA GAMMA

Gail Asenko  
Dolzenko, 1966

## IOTA NU

Debra Culvershouse  
Munoz, 1972

## IOTA RHO

Melissa Santangelo  
Stevens, 1994

## KAPPA ALPHA

Catherine Baudouin  
Burroughs, 1968

## LAMBDA THETA

Julie Beth Gades,  
1976

Joelle Ditzhazy  
Oberski, 1987



# READING ROOM

## Bringing Children's Books to Life

Phyllis Briggs Heyliger, Delta Omicron – Northeastern Oklahoma State, has been busy collaborating on a series children's books, adding color and whimsy with her illustrations. Under the pen name PJ Heyliger, she has partnered with story writer Henri van Bentum on several recently published books, most recently "The Quickest Claw in the Reef." Phyllis completed her graduate work at the University of Mexico and her oils, acrylics and watercolors have been exhibited in New York, New Mexico, Oregon, California and as far away as Spain.



## Channeling the Royal Pooch

Born in New York City and transplanted to the South in high school, Kathy Manos Penn, Delta Delta – Georgia State, lives with her husband and their four-legged kids in Dunwoody, Georgia. She taught high school English before embarking on a three-decade career in banking where, it seemed, she always ended up writing. While still working in the corporate world, she began a side job as a columnist for the local newspaper. Her first book, "The Ink Penn: Celebrating the Magic in the Everyday," was a collection of her newspaper columns. Her second book, "Lord Banjo the Royal Pooch," is a fictional collaboration with her retriever, Banjo Penn. According to Kathy, it all started with her blog. When she sat down to tell the story of getting Banjo's DNA results, she suddenly thought, "Why not write it from his point of view?" Learn more about Kathy (and Banjo) at [www.kathymanospenn.com](http://www.kathymanospenn.com).

Are you a Delta Zeta author?  
Share your publications  
with us by emailing  
[LAMP@deltazeta.org](mailto:LAMP@deltazeta.org)



## Appreciating Gifts in Difficult Times

A diagnosis of breast cancer is terrifying for all of us. Yet, as with any adversity, it is possible to find something positive buried within. "After the Fear Come the Gifts, Breast Cancer's Nine Surprising Blessings," written by Katherine (Kay) Dannemann Metres, Beta Alpha – Rhode Island, who is a breast cancer survivor as well as a psychologist and spiritual director, details the ways in which she received "gifts" coming out of her experience. Gifts such as the joy of sisterhood, the relief and power of giving up control, the possibility of finding humor in "chemo brain" and many others. The book is filled with a tender understanding of the difficulties women go through in dealing with this disease and a call to increased self-compassion and joy. This book is available through the publisher Acta Press at [actapublications.com/after-the-fear-come-the-gifts/](http://actapublications.com/after-the-fear-come-the-gifts/). 🌸

# TRULY ΔZ

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wendolyn “Gwen” McHugh Shick, Zeta Nu–Ferris State (MI), and Marlene “Tommy” Thompson Gilpin, Delta Nu–Parsons (IA), are two of our truly amazing College Chapter Directors (CCDs). Between the two of them, they have over 79 years of Delta Zeta volunteer experience! Though they live hours apart in Michigan (Tommy in the Upper Peninsula or “UP” and Gwen a bit more south near Grand Rapids), they regularly attend national events and are often roomies at whatever hotel where we happen to be. This duo definitely set the standard for lifetime involvement.

## LAMP: How and why did you start volunteering for Delta Zeta?

**GWEN:** When my parents gave me permission to join Delta Zeta in 1961, they had one request, that if I chose to join, I’d commit for a lifetime. I started giving back in 1970 when I was Grand Rapids Alumnae President and was honored to attend the National Convention with Evelyn Adams Costello, Nu–Knox (IL), Florence Hood Miner, Alpha Beta–Illinois, and many others. Sharon Moncrief Slovinski, Zeta Rho–William Jewell (MO), then Province Collegiate Director in 1989, approached me with the idea to give the new chapter at Grand Valley State some assistance with recruitment. I have continued to be their CCD to this day.

**TOMMY:** In 1987, I attended a meeting at the Lambda Theta (Michigan Tech) house with other women from the area who I knew but had no idea until that meeting they were all Delta Zetas. The chapter had a number of CCDs through the years, and the national organization was looking for a new one. The other women had various reasons for not assuming

the position, but I agreed. When I called my own chapter’s CCD for advice, she replied all I had to do was clean the house and bake cookies!

## LAMP: What keeps you motivated to continue as a CCD?

**GWEN:** I love the people, and Xi Psi is great to work with. The members are kind, considerate, work well as a team, take constructive criticism and remain one of the top sororities on campus.

**TOMMY:** Continuing lifelong sisterhood and friendships keeps me going. I’ve developed relationships with chapter members well after graduation.

## LAMP: What has been your most favorite Delta Zeta advising memory?

**GWEN:** Keeping the chapter positive, focused,



Between the two of them, they have over 79 years of Delta Zeta volunteer experience.

enthused, to see that they follow the correct procedures and have a fun and successful experience.

**TOMMY:** From meeting and getting to know Florence Hood Miner to receiving The Order of the Golden Rose at the 2010 National Convention where my chapter sister Marcia Wallace, Delta Nu–Parsons (IA), was named Woman of the Year, I’ve enjoyed them all! But, the most special was in the spring of 2017 when Lambda Theta honored me for my 30 years of service as their CCD. I treasure the plaque, sweatshirt and scrapbook with pictures from the past they presented to me that day.

## LAMP: One last question – pink or green?

**GWEN:** GREEN! I’m Irish! (McHugh)

**TOMMY:** Pink! Green is not my color. Pink all the way. 💖







## THE 2018 DELTA ZETA 35 UNDER 35 HONOREES ARE...

- **Ashlee Ammons**, Gamma Alpha Chapter, Baldwin Wallace University, Founder, Mixtroz
- **Stacey Baisden**, Xi Psi Chapter, Grand Valley State University, Graduate Coordinator, Purdue University
- **Lauren Bellflower**, Zeta Kappa Chapter, Ohio Northern University, Director of Marketing & Branding, Capital Financial Group
- **Megan Berg**, Gamma Beta Chapter, University of Connecticut, Compliance Lawyer, Takeda Pharmaceuticals
- **Patty Ann Green Bogue**, Alpha Gamma Chapter, University of Alabama, Faculty – College of Business, Mississippi State University
- **Nicole Braddock**, Gamma Psi Chapter, Central Michigan University, Store Director, Tappers Diamonds and Fine Jewelry
- **Mariah Carna**, Kappa Chi Chapter, Youngstown State University, Export Compliance Specialist
- **Maya Clifford**, Alpha Upsilon Chapter, University of Maine, Chemist/Lab Technician, Maine Water Company
- **Kim Concillado**, Theta Chapter, The Ohio State University, Controls Engineer, Wynright Robotics
- **Jenna Franke**, Alpha Alpha Chapter, Northwestern University, Doctorate Student, UC Berkeley
- **Abbie Gilbert**, Beta Gamma Chapter, University of Louisville, Public Affairs & Operations Consultant, Humana
- **Meredith Gorman**, Xi Upsilon Chapter, Northeastern University, Sports Reporter, New England Patriots/NESN/Fox Sports
- **Jada Hamilton**, Alpha Rho Chapter, Ohio Wesleyan University, Assistant Attending Psychologist, Memorial Sloan Kettering Cancer Center
- **Lauren Hanna**, Gamma Alpha Chapter, Baldwin Wallace University, Sales Manager, Blue Technology
- **Hannah Husmann**, Beta Tau Chapter, Nebraska Wesleyan University, Engagement Manager/Border Monitoring Analyst, Love Justice International
- **Lauren Imola**, Xi Omega Chapter, Purdue University, eCommerce Category Manager, Kellogg Company
- **Tanya Johnson**, Lambda Theta Chapter, Michigan Technological University, Ph.D. Student, University of Texas Austin
- **Caitlyn Nestleroth Johnson**, Alpha Rho Chapter, Ohio Wesleyan University, Attorney, Office of the Ohio Attorney General
- **Samantha Stiles Kanatzar**, Epsilon Nu Chapter, Missouri State University, Budget Analyst, US Army
- **Katie Kiihnl Leonard**, Beta Lambda Chapter, University of Tennessee/Knoxville, Attorney, Boyd, Collar, Nolen & Tuggle
- **Aymsley Brien Mahoney**, Pi Beta Chapter, University of Hartford, Executive Director, Alliance Health at Braintree
- **Virginia Witherspoon Merritt**, Iota Chapter, University of Iowa, Executive Director, Channel One Regional Food Bank
- **Shay Kirwan Moore**, Alpha Alpha Chapter, Northwestern University, Physician/Air Force Officer, US Air Force
- **Chelsey Donegan Pendock**, Epsilon Theta Chapter, Clarion University, Managing Partner, Innovision Advertising
- **Tina Penman**, Xi Upsilon Chapter, Northeastern University, Audiologist, Department of Veterans Affairs
- **Megan Reeves**, Beta Gamma Chapter, University of Louisville, Manager/Customer Success, Stratason
- **Ani Rodriguez-Newbern**, Alpha Sigma Chapter, Florida State University, Lawyer, Tangel-Rodriguez & Associates
- **Summer Hernandez Salazar**, Omicron Alpha Chapter, St. Mary's University, Assistant Director, Texas State University Career Services
- **Rachael Renken Simmons**, Beta Delta Chapter, University of South Carolina, International Communications Manager, FedEx
- **Emily Minor Speight**, Zeta Lambda Chapter, East Carolina University, Country Music Recording Artist
- **Alexis Taylor**, Theta Eta Chapter, Creighton University, Director, 3 Day Startup
- **Megan Trout**, Alpha Alpha Chapter, Northwestern University, Associate, McKinsey & Company
- **Alissa Urbano**, Delta Alpha Chapter, California State University/Long Beach, On Premise Manager & Special Projects, Moët Hennessy
- **April Vaughn**, Delta Phi Chapter, Northeastern State University, Realtor/Broker-Associate, Century 21st First Choice Realty
- **Amanda Zullo**, Kappa Phi Chapter, University of North Carolina/Charlotte, Founder and Executive Director, Pop Up Produce

Watch for complete coverage of these truly amazing members in the Winter issue of The LAMP. For more information on the 35 Under 35 please visit <http://www.deltazeta.org/lead-serve/35under35/>.

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POSTMASTER: Please send changes to:  
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202 East Church Street, Oxford, OH 45056

If you would like to read The LAMP online to help the Sorority to go green, please email us at [GreenLAMP@deltazeta.org](mailto:GreenLAMP@deltazeta.org), and include your full name, chapter of initiation and mailing address. You will receive an email alert when the next issue is online. If you want to continue to receive The LAMP in its hard copy format, mailed to you three times a year, you need not do anything. Thank you!



FRATERNITY  
COMMUNICATIONS  
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## HEART FOR HEARING

The Alumnae  
Heart for  
Hearing Contest  
runs through  
December 7,  
2018.

Up to **FOUR** lucky  
alumnae members  
will win a mission  
trip with the Starkey  
Hearing Foundation.

Find out all the details  
about the alumnae  
contest at [deltazeta.org/  
global-citizens/  
heart-for-hearing](http://deltazeta.org/global-citizens/heart-for-hearing).

